



**Penn Medicine**  
Continuing Medical and  
Interprofessional Education

**VIRTUAL**

SPRING 2024 LIVE, VIRTUAL POST-ARREST CARE  
AND TARGETED TEMPERATURE MANAGEMENT:  
**A PRACTICAL TRAINING COURSE FOR HEALTH CARE PROVIDERS**

**CME/CE-ACCREDITED CONFERENCE**

**FRIDAY, JUNE 14, 2024**

**9:00 AM – 4:00 PM EDT**

This conference will be

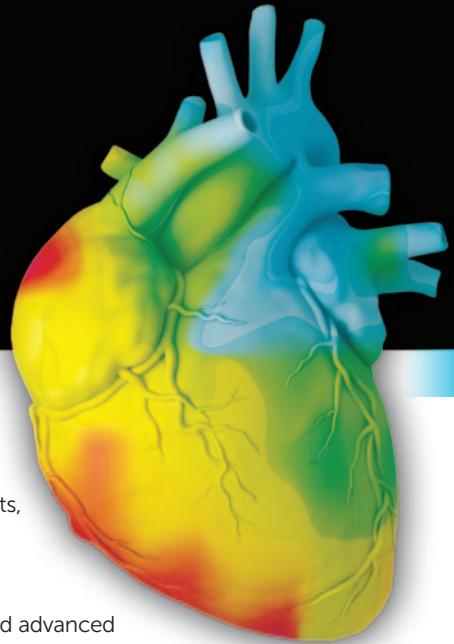
**LIVE STREAMED**



<https://penmedonline.upenn.edu/ttmacademy/>

<https://upenn.cloud-cme.com/TTMSpring2024>

# PROGRAM OVERVIEW & TARGET AUDIENCE



The purpose of this educational activity is to teach relevant care providers about in-hospital care of cardiac arrest patients, most specifically post-arrest care, including the use of targeted temperature management, cardiac catheterization, implantable cardioverter-defibrillator (ICD) consideration, and advanced ICU care. In addition to scholarly presentations and discussions, a key goal is to help each learner discover an integrated, multidisciplinary system of both cardiac arrest and post-cardiac arrest care. By the conclusion of the course, each learner will have a firm grasp of developing and implementing a comprehensive in-hospital high quality resuscitation program.

This conference is designed to meet the educational needs of physicians, advance practice providers, physician assistants, nurses, residents, fellows and students specializing in or with interest in the evaluation and management of targeted temperature management.

## LEARNING OBJECTIVES

Upon completion of this activity, participants should be able to:

- Review the history, evidence and pathophysiology surrounding the use of TTM in the post-arrest population
- Determine appropriate inclusion and exclusion criteria for post-arrest patients being considered for TTM
- Implement TTM as a therapy for post-cardiac arrest patients at their respective institutions
- Create a working post-resuscitation care and hypothermia protocol for their respective institutions
- Develop a “post-cardiac arrest bundle” of care for their organization
- Explain TTM in the context of a comprehensive resuscitation program to improve cardiac arrest survival, including the use of automatic external defibrillators, CPR quality improvement, and debriefing arrest events

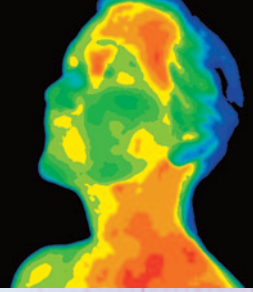
## HOSTING DEPARTMENT

*Spring 2024 Live, Virtual Post-Arrest Care and Targeted Temperature Management: A Practical Training Course for Health Care Providers* is hosted by the Department of Emergency Medicine at the University of Pennsylvania.

FRIDAY, JUNE 14, 2024

9:00 AM – 4:00 PM EDT

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## ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## DESIGNATION OF CREDIT

**Physicians:** Penn Medicine designates this live activity for a maximum of 525 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This program provides 5.25 NCPD hours.

**Physician Assistants:** AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 5.25 Category 1 credits for completing this activity.

**Certificates and Transcripts:** After the conference has concluded, all participants will receive an email with a link that includes instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on a transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

## CONFERENCE FORMAT

The *Spring 2024 Live, Virtual Post-Arrest Care and Targeted Temperature Management: A Practical Training Course for Health Care Providers* will be held virtually on Friday, June 14, 2024 by live stream only. The virtual presentation will follow the scheduled agenda in real time. Please Note: You must be signed into the live, virtual stream in real time (EDT) in order to receive credit.

## REGISTRATION FEES

The registration fees are as follows:

\$149 physicians and industry employees

\$99 nurse practitioners, physician assistants, nurses, residents, fellows and students

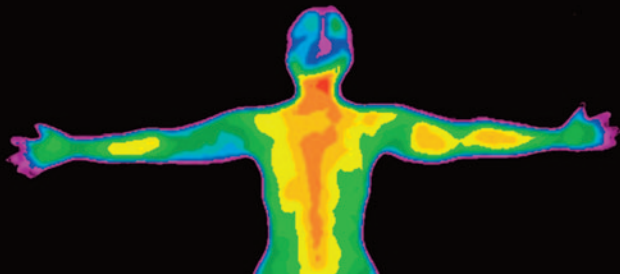
\$119 Penn Medicine physicians

\$69 Penn Medicine nurse practitioners, physician assistants, nurses, residents, fellows and students

The registration fee includes live stream access to the conference and access to view the presentations (slides) online. All pre-registered attendees will receive a link and instructions to sign-in and join the virtual conference no later than Wednesday, June 12, 2024.

**BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING YOUR REGISTRATION CONFIRMATION AND OTHER EMAILS REGARDING THIS CONFERENCE.**

Please register online at <https://upenn.cloud-cme.com/TTMFall2024>. See the registration form for mailing information if you must register through the mail. Please note: mailed registrations can take up to 5-10 business days before they are received. We encourage all attendees to register online using a credit card. All registrations will be confirmed by email as long as your registration is received no later than Wednesday, June 12, 2024.



## **CANCELLATION AND REFUND POLICY**

**Refund Policy:** In order to process refunds for course withdrawals, cancellations must be received in writing by May 31, 2024 (subject to a service charge of \$15.00). No refunds will be issued thereafter.

**Cancellation Policy:** The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees, but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

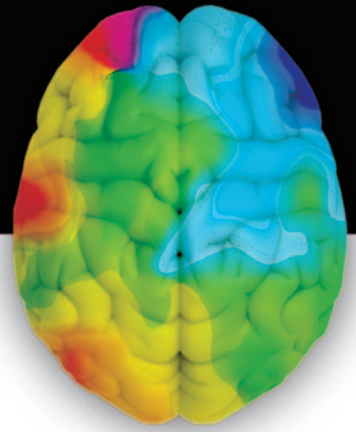
## **DISCLOSURES**

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose products or devices within to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.

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**NONDISCRIMINATION STATEMENT** The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). [www.upenn.edu/affirm-action](http://www.upenn.edu/affirm-action).

# FACULTY



## CONFERENCE DIRECTOR

**Benjamin S. Abella, MD, MPhil**

*Professor, Emergency Medicine*

*Attending Physician, Emergency Medicine*

*Associate Scholar, Center for Clinical Epidemiology and Biostatistics*

*Vice Chair of Research, Department of Emergency Medicine*

*Director, Center for Resuscitation Science*

*Medical Director, Penn Acute Research Collaboration (PARC)*

*Penn Medicine*

*Philadelphia, PA*

## CARDIAC ARREST SURVIVOR

**Bhavin Shah, Survivor**

*TBD, Rescuer*

## GUEST SPEAKER

**Jonathan Elmer, MD, MS**

*Associate Professor of Emergency Medicine*

*Critical Care Medicine, and Neurology*

*University of Pittsburgh School of Medicine*

*Pittsburgh, PA*

## SPEAKERS

**David Fischer, MD**

*Instructor in Neurology and Neurointensivist*

*Penn Medicine*

*Philadelphia, PA*

**Julie Jablonski, DNP, RN, CCRN, CCNS\***

*Critical Care Nurse Systems Strategist*

*Hospital of the University of Pennsylvania*

*Philadelphia, PA*

*\*Nurse Planner*

**Daniel M. Kolansky, MD**

*Professor of Medicine*

*Associate Chief of Clinical Affairs*

*Cardiovascular Medicine*

*Director, Cardiac Care Unit*

*Penn Medicine*

*Philadelphia, PA*

## DISCUSSION GROUP FACULTY

**Megan F. Burke, MD**

*Fellow in Cardiovascular Medicine*

*Penn Medicine*

*Philadelphia, PA*

**Lisa Joy Klein, RN, MSN, AGPCNP**

*Nurse Manager*

*Penn Medicine*

*Philadelphia, PA*

**Oscar Mitchell, MD, MSCE**

*Assistant Professor of Clinical Medicine*

*(Pulmonary, Allergy, and Critical Care)*

*Penn Medicine*

*Philadelphia, PA*

**Felipe Teran, MD, MSCE**

*Assistant Professor*

*Department of Emergency Medicine*

*Weill Cornell Medicine*

*New York, NY*

**Bethany Young, MSN, RN, AGCNS-BC, CCRN**

*Clinical Nurse Specialist Neurointensive Care Unit*

*Penn Medicine*

*Philadelphia, PA*

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**AGENDA**



**FRIDAY, JUNE 14, 2024**

- 8:45 AM – 9:00 AM **Sign into Virtual Platform**
- 9:00 AM – 9:15 AM **Welcome**  
*Benjamin Abella, MD, MPhil*
- 9:15 AM – 9:50 AM **Clinical Trials in Post-Arrest Care and TTM**  
*Benjamin Abella, MD, MPhil*
- 9:50 AM – 10:05 AM **Cardiac Arrest Survivor**  
*Bhavin Shah, Survivor*  
*TBD, Co-Survivor*
- 10:05 AM – 10:40 AM **Guest Lecture: TBD**  
*Jonathan Elmer, MD, MS*
- 10:40 AM – 11:15 AM **TTM and Cardiovascular Management**  
*Daniel M. Kolansky, MD*
- 11:15 AM – 11:30 AM Break
- 11:30 AM – 12:05 PM **Developing a Protocol and Supporting TTM Champions**  
*Julie Jablonski, DNP, RN, CCRN, CCNS*
- 12:05 PM – 12:45 PM **Surviving Cardiac Arrest: What Comes Next?**  
*Benjamin Abella, MD, MPhil*
- 12:45 PM – 1:15 PM Lunch Break
- 1:15 PM – 1:45 PM **Guest Lecture: TTM and Neurologic Management**  
*David Fischer, MD*
- 1:45 PM – 3:45 PM **Group Discussion in Breakout Rooms**  
**Neuroprognostication and Withdrawal of Care**  
*David Fischer, MD and Bethany Young, MSN, RN, AGCNS-BC, CCRN*  
**Solving Local Implementation Challenges**  
*Lisa Joy Klein, RN, MSN, AGPCNP and Oscar Mitchell, MD, MSCE*  
**Case Discussion A**  
*Megan Burke, MD*  
**Case Discussion B**  
*Felipe Teran, MD, MSCE*
- 4:00 PM Adjourn

## Registration Form

**VIRTUAL**

# SPRING 2024 LIVE, VIRTUAL POST-ARREST CARE AND TARGETED TEMPERATURE MANAGEMENT:

## A PRACTICAL TRAINING COURSE FOR HEALTH CARE PROVIDERS

**Friday, June 14, 2024**

We strongly encourage you to register for this conference online by check or credit card at <https://upenn.cloud-cme.com/TTMSpring2024>

### Questions? Contact us at:

penncme@penmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Academic Degree \_\_\_\_\_

Medical Specialty \_\_\_\_\_

Affiliation (Hospital, Office, or Company) \_\_\_\_\_

Address ( Affiliation or  Home) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

### REGISTRATION FEE

(pre-payment is required to be officially registered)

- \$149 physicians and industry employees
- \$99 nurse practitioners, physician assistants, nurses, residents, fellows and students
- \$119 Penn Medicine physicians
- \$69 Penn Medicine nurse practitioners, physician assistants, nurses, residents, fellows and students

### PAYMENT METHOD

- If you are paying by check or credit card, please register online at <https://upenn.cloud-cme.com/TTMSpring2024>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
  - Conference Manager, Office of Continuing Medical & Interprofessional Education
  - Perelman School of Medicine/CME
  - JMEC, SPE, 6th Floor, University of Pennsylvania
  - 3400 Civic Center Blvd, Building 421, Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.