



Penn Medicine
Continuing Medical and
Interprofessional Education

IN-PERSON AND VIRTUAL:

Interstitial Lung Diseases: Optimizing Diagnosis & Management in 2024



PENN MEDICINE HARRON LUNG CENTER

Friday, April 19, 2024

Arthur H. Rubenstein Auditorium at the
Smilow Center for Translational Research
3400 Civic Center Blvd.
Philadelphia, PA 19104



CME/CE-ACCREDITED CONFERENCE

Register online:

<https://upenn.cloud-cme.com/LungDiseases2024>



PROGRAM OVERVIEW

The program will draw upon recent clinical advances and guidelines, as well as the presenters' clinical experience, to provide a practical approach to diagnosis and management of patients with interstitial lung disease (ILD). The format will be primarily case-based discussions, with presentation of evidence where it helps inform management decisions. The participant will come away from the conference with increased confidence in diagnosing and managing patients with a variety of ILDs.

TARGET AUDIENCE

This conference is designed to engage pulmonologists, advance practice providers, nurse practitioners, physician assistants, pharmacists, nurses, fellows, residents and students.

EDUCATIONAL OBJECTIVES

- Develop an initial approach to diagnostic evaluation of patients with ILDs
- Apply recent guidelines for the diagnosis of ILDs to real world patients
- Describe the medical treatment of patients with ILD, including therapy initiation and monitoring
- Discuss options for patients with more advanced ILD, including lung transplantation and palliative care

HOSTING DEPARTMENT

Interstitial Lung Diseases: Optimizing Diagnosis and Management in 2024 is hosted by the Department of Internal Medicine, Division of Pulmonary, Critical Care and Allergy.

LIVE AND VIRTUAL PRESENTATIONS

Interstitial Lung Diseases: Optimizing Diagnosis and Management in 2024 will be held Friday, April 19, 2024 by in-person or live-stream (virtual) attendance. The live and virtual presentations will follow the scheduled agenda in real time (EST).

IN-PERSON MEETING LOCATION

Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research, 3400 Civic Center Blvd., Philadelphia, PA 19104

Directions to Perelman Center for Advanced Medicine/Smilow Center for Translational Research:

The Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research is located on floor 1 of the Perelman Center for Academic Medicine, 3400 Civic Center Blvd. Philadelphia, PA. We strongly recommend you use GPS for exact directions to and from your starting point or if you prefer, take public transportation to and from campus, please visit <http://www.upenn.edu/services/transportation> for options.

Parking: 3600 Civic Center Parking Garage is open to those attending the conference. Parking is \$20 per day. Parking fees will not be validated or reimbursed.

Overnight Accommodation within Walking Distance:

The Study at University City Hotel
20 South 33rd Street, Philadelphia, PA 19104
215-387-1400

There is no room block or discounted rate available and rooms are subject to availability.



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of *7.75 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to *7.75 MOC points* in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ABS MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn *7.75 credits* toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurses: This program provides *7.75 NCPD hours*.

Pharmacists: This knowledge-based activity is approved for *7.75 ACPE contact hours* of continuing pharmacy education credit. **JA0000324-0000-24-001-L04-P.**

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of *7.75 Category 1 credits* for completing this activity.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than April 8, 2024, at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



REGISTRATION FEES

Please register online at

<https://upenn.cloud-cme.com/lungdiseases2024>

The fees to attend in-person are as follows: \$75 for physicians and industry attendees, \$50 for nurse practitioners, physician assistants, pharmacists, nurses and other healthcare professionals, and \$25 for residents, fellows, students and Penn Medicine employees, faculty and staff.

Registration includes access to view the presentations online for one year. Walk-ins are discouraged. Please be sure to register in advance.

IN-PERSON ATTENDEES

All pre-registered, in-person attendees will receive access to the conference, a conference handout, continental breakfast, lunch and breaks.

VIRTUAL ATTENDEES

All pre-registered virtual attendees will receive an email that includes a link to the live stream with instructions to sign-in and join the virtual conference 24 hours preceding the conference, as well as a handout as a downloadable PDF.

Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than April 17, 2024.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

ATTENTION PENN MEDICINE STAFF! Remember that you will sign-in and register using your PennKey. Please also check your UPenn Cloud CME profile to be sure the email address listed in your profile matches the email address you actually use!

CANCELLATION POLICY

In order to process refunds for course withdrawals, cancellations must be received in writing by April 5, 2024 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter. The University reserves the right to cancel or postpone any course due to unforeseen circumstances.

In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



COURSE FACULTY

The course directors and speakers are all faculty of the Perelman School of Medicine at the University of Pennsylvania and Penn Medicine, Philadelphia, PA.

CO-DIRECTORS

Namrata Patel, MD*

Clinical Director, ILD Program
Pulmonary, Critical Care, and Allergy Division
Associate Professor of Clinical Medicine

Maryl Kreider, MD, MSCE*

Director, ILD Program
Vice Chief, Education and Faculty Development
Professor of Clinical Medicine

FACULTY

Michaela R. Anderson, MD

Assistant Professor of Medicine

Caitlin B. Clancy, MD

Assistant Professor of Clinical Medicine

Kathryn Fenwick, CRNP, MSN

Nurse Practitioner

Kathryn Flack, MD

Assistant Professor of Clinical Medicine

Brooke Heyman, MD

Assistant Professor of Clinical Medicine

Cheilonda Johnson, MD, MHS

Assistant Professor of Medicine

Jeremy Katzen, MD

Assistant Professor of Medicine

Robert M. Kotloff, MD

Craig and Elaine Dobbin/Nancy P. Blumenthal
Professor of Advanced Lung Disease

Jamie L. Lederer, CRNP, MSN*

Nurse Practitioner

Leslie A. Litzky, MD

Chief of Surgical Pathology
Director, Medical Pathology
Director, Molecular Anatomic Pathology Service
Professor of Pathology and Laboratory Medicine

Mary K. Porteous, MD, MSCE

Director, ILD and Sarcoidosis Program at
Corporal Michael J. Cresenz VA Medical Center
Associate Professor of Clinical Medicine

Julie Safirstein, PharmD*

Clinical Pharmacy Specialist

Scott A Simpson, DO

Director of Radiology Medical
Student Education
Assistant Professor of Clinical Radiology
Associate Program Director
Radiology Residency

Shweta Sood, MD, MS

Assistant Professor of Clinical Medicine

Gregory Tino, MD

Chief of Medicine, Penn Presbyterian
Medical Center
Associate Professor of Medicine

*Planning Committee

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty and planners' disclosure information will be made available in the conference materials and syllabus. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.



AGENDA

Friday, April 19, 2024

8 am – 4:30 pm

- 7:30 am – 8:00 am In-Person Registration and Continental Breakfast
- 7:45 am – 8:00 am Sign into the Virtual Platform (Virtual Attendees Only)
- 8:00 am – 8:15 am **Welcome & Introduction**
Maryl Kreider, MD, MSCE & Namrata Patel, MD
- 8:15 am – 9:00 am **SESSION 1**
DIAGNOSTIC EVALUATION OF PATIENTS WITH ILD
Shweta Sood, MD, MS
- 9:00 am – 10:00 am **SESSION 2**
THE YOUNG PERSON WITH ILD
Moderator: Namrata Patel, MD
- 9:00 am – 9:20 am **Familial Rare Lung Diseases** | *Jeremy Katzen, MD*
- 9:20 am – 9:40 am **Autoimmune ILD** | *Mary K. Porteous, MD, MSCE*
- 9:40 am – 10:00 am **Subclinical ILD** | *Kathryn Flack, MD*
- 10:00 am – 10:15 am Break
- 10:00 am – 11:00 am **PATIENT JOURNEY #1: Case Presentation and Diagnosis**
Multidisciplinary Discussion (MDD) with audience participation
- **IPF**
 - **CTD**
 - **Hypersensitivity Pneumonitis**
 - **Unclassifiable ILD**
- Moderator: Namrata Patel, MD*
Panelists: Brooke Heyman, MD, Robert Kotloff, MD, Jeremy Katzen, MD, Leslie A. Litzky, MD, Mary K. Porteous, MD, MSCE, and Scott A. Simpson, DO
- 11:00 am – 12:00 pm **SESSION 3**
TREATMENT OPTIONS FOR ILD:
WHEN, WHICH ONE, AND WHAT TO WATCH FOR
Moderator: Namrata Patel, MD
- 11:00 am – 11:15 am **New IPF** | *Gregory Tino, MD*
- 11:15 am – 11:30 am **New CTD-ILD** | *Cheilonda Johnson, MD, MHS*
- 11:30 am – 11:45 am **Progressive Fibrosis** | *Maryl Kreider, MD, MSCE*
- 11:45 am – 12:00 pm **Tips and Tricks to Ensure Patient Success** | *Julie Safirstein, PharmD*



AGENDA

- 12:00 pm – 1:00 pm **Lunch with the Experts**
Attending Live? Bring a case for discussion!
- 1:00 pm – 2:00 pm **SESSION 4**
ADVANCED INTERSTITIAL LUNG DISEASE
- 1:00 pm – 1:30 pm **Advanced therapies, PH-ILD, Complex Therapies, Lung Transplantation** | *Namrata Patel, MD and Michaela R. Anderson, MD*
- 1:30 pm – 2:00 pm **Beyond ILD: Symptom Management, Palliative Care** | *Jamie L. Lederer, CRNP, MSN and Kathryn Fenwick, CRNP, MSN*
- 2:00 pm – 2:45 pm **SESSION 5**
SARCOIDOSIS
Caitlin B. Clancy, MD
- 2:45 pm – 3:00 pm Break
- 3:00 pm – 4:00 pm **PATIENT JOURNEY #2: Challenging Case Discussion of Management Dilemmas**
- **Progressive Fibrosis**
 - **Sarcoidosis**
 - **CTD-ILD**
 - **Interstitial Lung Abnormality**
- Moderator: Maryl Kreider, MD, MSCE*
Panelists: Michaela R. Anderson, MD, Caitlin B. Clancy, MD, Kathryn Fenwick, CRNP, MSN, Cheilonda Johnson, MD, MHS and Jamie L. Lederer, CRNP, MSN
- 4:00 pm – 4:20 pm **SESSION 6**
DISCOVERY AND TRANSLATION: PROGRESS IN ILD RESEARCH
- 4:00 pm – 4:10 pm **Emerging Pharmacotherapies and Clinical Trials** | *Maryl Kreider, MD, MSCE*
- 4:10 pm – 4:20 pm **ILD Studies at Penn** | *Michaela R. Anderson, MD*
- 4:20 pm – 4:30 pm **Q&A, Program Summary and Wrap Up**
Namrata Patel, MD



REGISTRATION

Interstitial Lung Diseases: Optimizing Diagnosis & Management in 2024

Friday, April 19, 2024

We strongly encourage you to register for this conference online by check or credit card at
<https://upenn.cloud-cme.com/lungdiseases2024>

Questions? Contact us at:

penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) _____ (Last) _____

Academic Degree _____

Medical Specialty _____

Affiliation (Hospital, Office, or Company) _____

Address (Affiliation or Home) _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail _____

REGISTRATION FEES

(pre-payment is required to be officially registered)

IN-PERSON or LIVE-STREAM (VIRTUAL) ATTENDANCE:

- Physicians and industry employees – \$75
- Nurse practitioners, physician assistants, pharmacists, nurses and other healthcare professionals – \$50
- Residents, fellows, students and Penn Medicine employees, faculty and staff – \$25

PAYMENT METHOD

- If you are paying by check or credit card, please register online at
<https://upenn.cloud-cme.com/lungdiseases2024>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
Conference Manager
Office of Continuing Medical & Interprofessional Education
Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
3400 Civic Center Blvd, Bldg. 421, Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.