

**IN-PERSON AND VIRTUAL**

# CURRENT ADVANCES IN HEART & VASCULAR CARE 2024

CME/CNE-ACCREDITED CONFERENCE



**SATURDAY, MARCH 2, 2024**

REGISTRATION | 7:00 AM – 7:30 AM EST

SCIENTIFIC PROGRAM | 7:30 AM – 3:00 PM EST

**In-Person Meeting Location**

The Alloy King of Prussia  
301 West Dekalb Pike  
King of Prussia, PA 19406

IN CONJUNCTION WITH



**Penn Medicine**  
Chester County Hospital

COURSE DIRECTORS

Timothy Boyek, MD

Mian A. Jan, MD

W. Clay Warnick, MD

Steven J. Weiss, MD, MBA



## PROGRAM OVERVIEW & TARGET AUDIENCE

*Current Advances in Heart and Vascular Care 2024* will provide the most current, evidence-based strategies for managing cardiovascular disease. The goal is to increase the knowledge of the interprofessional and multidisciplinary care team to provide high quality, cost effective care leading to superior and improved patient outcomes.

This activity has been designed for primary care physicians, interventional cardiologists, clinical cardiologists, cardiac surgeons, vascular surgeons, hospitalists, emergency medicine specialists, interventional radiologists, nurses, physician assistants, technologists, EMS providers and other members of the healthcare team who want to enhance their knowledge of current advances in the management of patients with heart and vascular disease.

### LEARNING OBJECTIVES

At the conclusion of this educational activity, the participant should be able to:

- Identify the circumstance upon which a patient with systolic heart failure should consider device therapy.
- Discuss echocardiographic measures of right ventricular function
- Develop strategies to decipher 12-lead EKGs for which to call a Code PCI
- Discuss the usefulness of Coronary CTA vs. Stress Testing in diagnosing coronary artery disease.
- Explore the role of cardiac myosin inhibitors for managing obstructive hypertrophic cardiomyopathy.
- Discuss lipid management for cardiovascular patients.

### HOSTING DEPARTMENT

*Current Advances in Heart & Vascular Care 2024* is hosted by the Department of Heart and Vascular Services at Chester County Hospital.

### LIVE AND VIRTUAL PRESENTATIONS

*Current Advances in Heart & Vascular Care 2024* will be held Saturday, March 2, 2024 by in-person or live-stream (virtual) attendance. The live and virtual presentations will follow the scheduled agenda in real time (EST).

#### TO ATTEND IN-PERSON:

##### Meeting Location

The Alloy King of Prussia • 301 West Dekalb Pike, King of Prussia, PA 19406

##### Parking

Complimentary parking is available at the Alloy King of Prussia

#### TO ATTEND BY LIVE-STREAM (VIRTUAL):

Attendees who are registered to attend virtually will receive an email that includes a link to join the symposium 24 hours in advance. All virtual attendees will be required to sign into the meeting using your first name, last name and email address in order to be marked as attended and receive credit.



## ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## DESIGNATION OF CREDIT

**Physicians:** Penn Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**ABIM MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.75 MOC points in the American Board of Internal Medicine's (ABIM)

Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

**Physician Assistants:** Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award *AAPA Category 1 CME credit* for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.75 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

**Nurses:** This program provides 6.75 NCPD hours.

**PA State-Approved EMS Continuing Education:** This program provides 6.75 contact hours.

**ABS MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn 6.75 credits toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Certificates and Transcripts:** After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

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**SERVICES FOR THE DISABLED** If special arrangements are required for an individual with a disability to participate this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than February 15, 2024, at 215-898-6400.

**NONDISCRIMINATION STATEMENT** The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD), [www.upenn.edu/affirm-action](http://www.upenn.edu/affirm-action).



## **VIRTUAL AND IN-PERSON REGISTRATION FEES**

Please register online at

**<https://upenn.cloud-cme.com/HeartandVascular2024>**.

The fees to attend are as follows: \$99 for physicians and industry attendees, \$79 for nurse practitioners, physician assistants and CRNA's, and \$59 for nurses and healthcare professionals, fellows, residents and students.

The registration fee is \$49 for Penn Medicine Chester County Hospital and other Penn Medicine Cardiovascular employees, faculty and staff.

### **Need to Register by Mail?**

*Please note:* mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received before February 28, 2024.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

### **Attention Penn Medicine Staff!**

Remember that you will sign-in and register using your PennKey. Please also check your UPenn Cloud CME profile to be sure the email address listed in your profile matches the email address you actually use!

## **CANCELLATION POLICY**

In order to process refunds for course withdrawals, cancellations must be received in writing by February 15, 2024 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



# FACULTY

## COURSE DIRECTORS

### **Timothy Boyek, MD**

Chief of Cardiology Section  
Medical Director of Invasive Cardiology  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Mian A. Jan, MD**

Chair, Department of Medicine  
Penn Medicine Chester County Hospital  
West Chester, PA

### **W. Clay Warnick, MD**

Medical Director of Cardiovascular Service Line  
Director, Cardiovascular Program  
Director, Heart Failure Program  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Steven J. Weiss, MD, MBA**

Chief of Cardiac Surgery  
Penn Medicine Chester County Hospital  
West Chester, PA

## COURSE FACULTY

### **Chris Baldi, DO**

Cardiologist  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Veronica A. Covalesky, MD**

Adjunct Clinical Assistant Professor  
Jefferson Health  
Philadelphia, PA

### **Matthew Joseph Destefano, DO**

Penn Medicine Chester County Hospital  
West Chester, PA

### **Jay S. Giri, MD, MPH**

Associate Professor of Medicine  
Director, Cardiovascular  
Catheterization Laboratories  
Penn Medicine  
Philadelphia, PA

### **Daniel J. Hayes, MD**

Medical Director of Surgical Services  
Chair of Department of Surgery  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Joette C. Hughes, CRNP**

Nurse Practitioner  
Penn Medicine Lancaster General Hospital  
Lancaster, PA

### **Amanulla Khaji, MD**

Penn Medicine Chester County Hospital  
West Chester, PA

### **Lyana Labrada, MD**

Cardiologist  
Assistant Professor of Medicine  
Lewis Katz School of Medicine  
at Temple University  
Philadelphia, PA

### **Gregg L. Neithardt, MD**

Cardiologist  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Adrian R. Pearson, DO**

Cardiologist  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Donna Reed, DO**

Cardiologist  
Medical Director of Noninvasive Cardiology  
Penn Medicine Chester County Hospital  
West Chester, PA

### **Michael E. Riordan, MD**

Cardiologist/Electrophysiologist  
Penn Medicine Chester County Hospital  
West Chester, PA

## DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of products or devices within their presentations.



# AGENDA

- 7:00 AM – 7:30 AM Registration & Continental Breakfast
- 7:15 AM – 7:30 AM Sign into the Virtual Platform
- 7:30 AM – 7:35 AM **Opening Remarks/Greeting**  
*W. Clay Warnick, MD*
- 7:35 AM – 8:30 AM **Teaching to the Test: Guidelines of Directive Care**  
*Jay S. Giri, MD*
- 8:30 AM – 8:40 AM **Questions & Answers**  
*Moderator: Timothy Boyek, MD*
- 8:40 AM – 9:05 AM **POTS and EP – Women & Heart Disease**  
*Amanulla Khaji, MD*
- 9:05 AM – 9:30 AM **Managing Lipids Option Outside of Statins**  
*Joette C. Hughes, CRNP*
- 9:30 AM – 9:50 AM **Questions & Answers**  
*Moderator: Gregg L. Neithardt, MD*
- 9:50 AM – 10:00 AM Break & Visit Exhibits
- 10:00 AM – 10:30 AM **Case 1: Systolic HF Patient – When do we Implant a Device?**  
*Adrian R. Pearson, DO and Michael E. Riordan, MD*
- 10:30 AM – 11:10 AM **Coronary CTA vs. Stress Test – What Should we Order?**  
*Veronica A. Covalesky, MD*
- 11:10 AM – 11:30 AM **Questions & Answers**  
*Moderator: W. Clay Warnick, MD*
- 11:30 AM – 12:00 PM Lunch
- 12:00 PM – 12:40 PM **Case 2: Hypertrophic Cardiomyopathy – Returning to Work/Sports**  
*Chris Baldi, DO, Donna Reed, DO*
- 12:40 PM – 1:05 PM **ER EKG/EKG Workshop – Should I Call a STEMI Alert?**  
*Matthew Joseph Destefano, DO*
- 1:05 PM – 1:20 PM **Questions & Answers**  
*Moderator: Mian Jan, MD*
- 1:20 PM – 1:30 PM Break & Visit Exhibits
- 1:30 PM – 2:10 PM **Key Note: Pulmonary Hypertension**  
*Lyana Labrada, MD*
- 2:10 PM – 2:35 PM **Unindicated Peripheral Procedures**  
*Daniel Hayes, Jr., MD*
- 2:35 PM – 2:50 PM **Questions & Answers**  
*Moderator: Steven Weiss, MD, MBA*
- 2:50 PM – 3:00 PM **Conclude/Final Remarks**  
*W. Clay Warnick, MD*

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We strongly encourage you to register for this conference online by check or credit card at <https://upenn.cloud-cme.com/HeartandVascular2024>

**Questions? Contact us at:**

[penncme@penntmedicine.upenn.edu](mailto:penncme@penntmedicine.upenn.edu) • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Academic Degree \_\_\_\_\_

Medical Specialty \_\_\_\_\_

Affiliation (Hospital, Office, or Company) \_\_\_\_\_

Address (  Affiliation or  Home) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

**REGISTRATION FEES**

(pre-payment is required to be officially registered)

- In-person Registration
- Virtual Registration

**VIRTUAL AND IN-PERSON REGISTRATION FEES:**

- Physicians and industry employees – \$99
- Nurse practitioners, physician assistants and CRNA's – \$79
- Nurses and healthcare professionals, fellows, residents and students – \$59
- Penn Medicine Chester County Hospital and Penn Medicine Cardiovascular employees, faculty and staff – \$49

**PAYMENT METHOD**

- If you are paying by check or credit card, please register online at <https://upenn.cloud-cme.com/HeartandVascular2024>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
  - Conference Manager
  - Office of Continuing Medical & Interprofessional Education
  - Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
  - 3400 Civic Center Blvd, Bldg. 421
  - Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.