



Penn Medicine

Continuing Medical and
Interprofessional Education

Renal-Electrolyte & Hypertension and
Cardiology Divisions at Penn Medicine
Presents

VIRTUAL

THE INTERSECTION OF HYPERTENSION, DIABETES, AND LIPIDS –

Everything You Need to Know in Preventive Cardiology in 2021

A CME/CE-ACCREDITED CONFERENCE

Friday, October 1, 2021

This conference will be
LIVE STREAMED



Delaware Valley Chapter

<https://upenn.cloud-cme.com/PreventiveCardiology2021>



PROGRAM OVERVIEW & TARGET AUDIENCE

Cardiovascular disease is the leading cause of death in the United States. Hypertension and diabetes are among the foremost risk factors for the development of cardiovascular diseases, including stroke, peripheral artery disease, and heart attack. Several advances have been made in recent years to improve our ability to prevent the development and progression of cardiovascular disease. This program will provide an overview of recent advances that target the underlying pathophysiology of cardiovascular disease. The focus of the program will be on the use of SGLT 2 Inhibitors and GLP-1 agonists to reduce the risk of cardiovascular disease and progression of kidney disease, monitoring and management of hypertension in special patient populations, and common lipid issues in patient care.

This activity is designed for nephrologists, cardiologists, general internists, family practitioners, physician assistants, advanced practice nurses, healthcare professionals, pharmacists, residents and fellows.

Learning Objectives

Upon successful completion of this activity, participants should be able to:

- Select appropriate medications to reduce adverse cardiovascular outcomes in high-risk and vulnerable populations
- Identify appropriate blood pressure goals and management in several special patient populations
- Understand the controversies regarding the appropriate screening, confirmatory testing, and management of patients at risk for primary aldosteronism
- Achieve competence in providing the best screening and treatment options for hypertension in patients with hyperlipidemia
- Apply appropriate pharmacologic and non-pharmacologic approaches to cardiovascular risk prevention

Hosting Department

This conference is hosted by the Renal-Electrolyte & Hypertension and Cardiology Divisions at Penn Medicine.

Meeting Location

The Intersection of Hypertension, Diabetes, and Lipids – Everything You Need to Know in Preventive Cardiology in 2021 will be held Friday, October 1, 2021 by live stream only. In-person attendance is not permitted for this conference. This conference will follow the scheduled agenda in real time.



Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Penn Medicine designates this live activity for a maximum of 4.75 AMA *PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program provides 4.75 contact hours.

Pharmacists: This knowledge-based activity is approved for 4.75 ACPE contact hours of continuing pharmacy education credit. JA0000324-0000-20-018-L04-P.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with the AAPA CME Criteria. This activity is designated for 4.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with instructions and a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

Disclosures

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the ACCME *Standards for Integrity and Independence in Accredited Continuing Education*. Faculty and planners' disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products within their presentations.



Registration Fees

The registration fee for *The Intersection of Hypertension, Diabetes, and Lipids – Everything You Need to Know in Preventive Cardiology in 2021* is \$50 for all attendees. Penn Medicine employees, faculty, staff & students, Drexel University faculty, staff & students and Jefferson University residents, fellows & students may register at a reduced rate of \$10. Penn Medicine Departments of Medicine and Cardiovascular faculty, staff, residents & students should use code PENNBP21 to receive complimentary registration.

The registration fee includes live stream access to the conference and access to view the presentations (slides and recordings) online. All pre-registered attendees will receive a link via email by 9/30/21 with instructions to sign-in and participate in the live conference. PLEASE BE SURE TO CHECK YOUR SPAMBOX FOR OUR EMAILS.

If you are registering with a credit card or check, please register online at <https://upenn.cloud-cme.com//PreventiveCardiology2021>. We cannot accept faxed or mailed registration forms with credit card information. To pay by check, complete your registration online and mail a copy of your confirmation email with your check.

See the registration form for mailing information. *Please note:* mailed registrations can take up to 5-10 business days before they are received. We are experiencing longer delays receiving mail due to the COVID-19 pandemic. We encourage all attendees to register online with a credit card. All registrations will be confirmed by email as long as your registration is received no later than September 30, 2021.

Refund Policy

In order to process refunds for course withdrawals, cancellations must be received in writing by September 17, 2021 (subject to a service charge of \$10.00). No refunds will be issued thereafter.

Cancellation Policy

The University reserves the right to cancel or postpone any course due to unforeseen circumstances.



FACULTY

COURSE DIRECTORS

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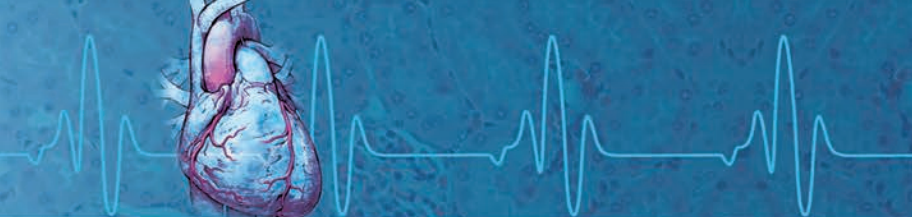
Penn Medicine

Philadelphia, PA

Gayley B. Webb, MSN, CRNP*

Nurse Practitioner

**Nurse Planner*



VIRTUAL

AGENDA

Friday, October 1, 2021

7:45 – 8:00 AM Sign-in on Bluejeans

8:00 – 8:10 AM Introduction and Welcome
Debbie Cohen, MD

SESSION 1

SGLT 2 Inhibitors and GLP-1 Agonists – The NEW Kids on the Block

8:10 – 8:30 AM Efficacy and Outcome Studies for Renal Disease in DM and non DM
Christopher McFadden, MD

8:30 – 8:50 AM Efficacy and Outcomes Studies for CV Protection
Diane Kim, PharmD

8:50 – 9:10 AM How to Prescribe SGLT2 Inhibitors – The Practicalities
Serena Cardillo, MD

SESSION 2

Hypertension Management at Home and in Special Populations

9:10 – 9:30 AM New Opportunities to Integrate Home BP into Telehealth
Maria Bonanni, MSN, CRNP

9:30 – 9:50 AM Management of Hypertension in CKD
Mebrdad Hamrahian, MD

9:50 – 10:10 AM Management of Hypertension in the Hospital Setting
Jordana Cohen, MD, MSCE

10:10 – 10:30 AM Primary Aldosteronism – A Continuum From Normotension to Resistant Hypertension – Practical Approach to Management
Debbie Cohen, MD

10:30 – 10:50 AM Break

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SESSION 3

Common Lipid Issues in Patient Care

- 10:50 – 11:10 AM** Lp(a). – What Should I Know?
Archna Bajaj, MD, MSCE
- 11:10 – 11:30 AM** Noninvasive Evaluation of CAD
What Test Should I Order?
Douglas Jacoby, MD
- 11:30 – 11:50 AM** Cholesterol Management During Pregnancy
When to Check, and How to Manage?
Jennifer Lewey, MD, MPH
- 11:50 AM – 12:10 PM** Antiplatelet Treatment – Who Needs it?
Meshal Soni, MD
- 12:10 – 1:00 PM** Case Discussion with the Experts
Q&A Moderators:
Gayley Webb, CRNP
Panel:
HTN: Ray Townsend, MD, Arun Malhotra, MD, Jesse Goldman, MD, Michael Lattanzio, DO, FASN
DM: Mark Schutta, MD, Ilona Lorincz, MD, MSHP
Dyslipidemia: Daniel J. Rader, MD and Daniel Soffer, MD
- 1:00 – 1:15 PM** Wrap-up/Adjourn/CE Activity Ends
- 1:15 – 2:00 PM** Board Meeting
Not certified for CME/CE

Services for the Disabled If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than September 18, 2021 at 215-898-8005.

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THE INTERSECTION OF HYPERTENSION, DIABETES, AND LIPIDS –

*Everything You Need to Know in
Preventive Cardiology in 2021*

Friday, October 1, 2021

We strongly encourage you to register for this conference online
by check or credit card at
<https://upenn.cloud-cme.com/PreventiveCardiology2021>

Questions? Contact us at:

Phone: 215-898-6400 or 215-898-8005 • penncme@penncme.upenn.edu

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) (Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address (Affiliation or Home)

City State Zip

Phone Fax

E-mail

Registration Fee (pre-payment is required to be officially registered)

- \$50.00 for Practicing Physicians and Industry Representatives
Nurses, Healthcare Professionals, Residents and Fellows
- \$10.00 for all Penn Medicine employees, faculty, staff & students,
Drexel University faculty, staff & students and Jefferson University
residents, fellows and students
- Penn Medicine Department of Medicine or Cardiovascular Medicine
Attendee (Use PENNBP21)
- I will attend the Board Meeting

Payment Method

- If you are paying by credit card or check, register online at
<https://upenn.cloud-cme.com/PreventiveCardiology2021>
- If you are paying by check, you may mail your completed registration form
and check made payable to:
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