

Provided by:



**CCH Medical Grand Rounds 2023-2024
2024**

**CCH Medical Grand Rounds 2023-2024 - 3/15/2024 Decoding Delirium-Evidence Based Approaches for
Evaluation and Management - Dr. Ihuoma Njoku**

March 15, 2024

12:00 PM - 1:00 PM

Target Audience

This program has been designed for INTERNAL MEDICINE, INTERNAL MEDICINE - Critical Care Medicine

Series Educational Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Discuss the medical issues and treatment options
- 2 Describe strategies they themselves can employ, along with their teams, as countermeasures to those root causes of harm
- 3 Discuss ongoing decision making with elements of high reliability and standardization

Session Educational Objectives

After completing this educational activity, participants should be able to:

- 1 Describe delirium and review the signs and symptoms
- 2 Describe knowledge of the most common etiologies of delirium
- 3 Describe knowledge of bedside and medical workup of delirium and the treatment approach, both non-pharmacologic and pharmacologic.

Accreditation

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Penn Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is for **1.00** contact hours.

Pharmacists: This activity is approved for **1.00** contact hours

UAN Number: JA0000324-0000-24-022-L04-P

PAs: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.

This activity is designated for **1.00** AAPA Category 1 CME credit(s). PAs should only claim credit commensurate with the extent of their participation.

Acknowledgement of Commercial Support*

For more information, please contact

Nancy Bohn

(610) 738-2709

Nancy.Bohn@penntmedicine.upenn.edu

Check your transcript online at <https://upenn.cloud-cme.com>

None

Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships (RFRs) that they have with any ineligible company, which is defined as any company whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Disclosure to learners includes all RFRs for all those in control of content including faculty, planners, moderators, and reviewers.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are evidence-based, are based on valid content, and are independent of control from ineligible companies and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain any financial relationships. Part of the peer review process involved reviewing the content, determining which financial relationships were relevant, and applying appropriate mitigation strategies. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no financial relationships with any ineligible companies. Any peer reviewer who is determined to have a relevant financial relationship must recuse themselves from the peer review process.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kevin Sowti, MD, MBA, MHCI	Course Director	Nothing to disclose - 01/11/2024
Karen Pinsky, MD	Other Planning Committee Member	Nothing to disclose - 04/17/2023
Heather Teufel, Pharm.D.	Pharmacy Planner	Consulting Fee-CSL Behring - 01/11/2024
Angela R Coladonato, DNP	Nurse Planner	Nothing to disclose - 01/12/2024
Brittany Papili, PA-C	Physician Assistant Planner	Nothing to disclose - 11/18/2023
Ihuoma Njoku, MD	Faculty	Nothing to disclose - 02/15/2024

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected