

Provided by:



## Urology Grand Rounds 2023-2024 2023

### Urology Grand Rounds 2023-2024 - 12/21/2023- Enhanced Stress Resilience for Surgeons December 21, 2023 7:00 AM - 8:00 AM

#### Target Audience

This program has been designed for Urology, Urology - Pediatric Urology, Urology - Female Pelvic Medicine And Reconstructive Surgery

#### Series Educational Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Discuss and apply current advances in diagnostic and therapeutic measures to the care of urology patients.
- 2 Discuss the basic science and core physiological, pathophysiological and anatomical principles.
- 3 Describe the non-clinical, economic, political and social forces affecting the practice.

#### Session Educational Objectives

After completing this educational activity, participants should be able to:

- 1 Discuss what causes stress for surgeons?
- 2 Describe ways to withstand stress amongst surgeons
- 3 Discuss how to prolong the methods of resilience for surgeons.

#### Accreditation

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Designation of Credit

**Physicians:** Penn Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This activity is for **1.00** contact hours.

**Pharmacists:** This activity is not approved for pharmacy contact hours

**PAs:** Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.

This activity is designated for **1.00** AAPA Category 1 CME credit(s). PAs should only claim credit commensurate with the extent of their participation.

#### Acknowledgement of Commercial Support\*

For more information, please contact  
Laura Huth, Gretchen Harz  
(215) 349-8252, (215) 349-5042

[laura.huth@uphs.upenn.edu](mailto:laura.huth@uphs.upenn.edu), [Gretchen.Harz@Pennmedicine.upenn.edu](mailto:Gretchen.Harz@Pennmedicine.upenn.edu)

Check your transcript online at <https://upenn.cloud-cme.com>

None

### Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity. For this purpose, we consider relationships of the person involved to include financial relationships of a spouse or partner.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain relationships that created a conflict of interest relevant to the topic of their presentation. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Any peer reviewer with a potential conflict of interest will recuse themselves from the peer review process.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Thomas Guzzo, MD, MPh	Other Planning Committee Member	Nothing to disclose - 12/27/2022
Eleanor Bevan	Physician Assistant Planner	Nothing to disclose - 10/19/2023
Adele Caruso, NP, DNP	Nurse Planner	Nothing to disclose - 08/10/2023
Trinity Bivalacqua, PhD	Course Director	Nothing to disclose - 02/27/2023
carter lebares, MD	Faculty	Nothing to disclose - 11/28/2023

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected