

Provided by:



Orthopaedic Surgery Grand Rounds 2018-2020

Orthopaedic Surgery Grand Rounds-Peak Performance for Surgeons: Managing your Energy, Time, and Priorities

December 12, 2019

7:30 AM - 8:30 AM

Target Audience

This program has been designed for Orthopaedic Surgery, Surgery, Orthopaedic Surgery - Orthopaedic Sports Medicine, Orthopaedic Surgery - Surgery Of The Hand

Series Educational Objectives

After participating in this regularly scheduled series, participants should be able to:

- 1 Improve their clinical competence, performance and patient outcomes
- 2 Better meet the ACGME mandatory requirements
- 3 Improve during clinical procedures in the operating room and clinical setting
- 4 Improve didactic teaching for the six core competencies
- 5 Discuss the need to allow the residents to participate and present to allow more medical knowledge
- 6 Demonstrate improved expertise in musculoskeletal medicine

Session Educational Objectives

After completing this educational activity, participants should be able to:

- 1 How surgeons can manage their energy
- 2 How surgeons can better manage their time
- 3 How surgeons can manage their priorities

Accreditation

In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit

Physicians: Penn Medicine designates this live activity for a maximum of **1.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is not approved for nursing contact hours

Pharmacists: This activity is not approved for pharmacy contact hours

PAs: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of **1.00** Category 1 credits for completing this activity.

Acknowledgement of Commercial Support*

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Check your transcript online at <https://upenn.cloud-cme.com>

None

Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity. For this purpose, we consider relationships of the person involved to include financial relationships of a spouse or partner.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain relationships that created a conflict of interest relevant to the topic of their presentation. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Any peer reviewer with a potential conflict of interest will recuse themselves from the peer review process.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Laneise Thompson, BS	Activity Coordinator	Nothing to disclose
Jaimo Ahn, None	Co-Director	Nothing to disclose
Craig Israelite,	Course Director	Consultant
Daniel Farber, MD	Other Planning Committee Member	Stock Shareholder (excluding mutual funds)-JMEA-Spine and Sport orthopedic devices Consultant-Treace Medical Concepts-Hallux Valgus correction Grants/Research Support Recipient-Arthrex-N/A Grants/Research Support Recipient-Wright Medical-N/A
Daniel Gittings, MD	Other Planning Committee Member	Nothing to disclose
Mark Hasenauer, MD	Other Planning Committee Member	Nothing to disclose
Luke Lopas, None	Other Planning Committee Member	Nothing to disclose
Matthew Sloan, MD	Other Planning Committee Member	Nothing to disclose
Nicole Zelenski, MD	Other Planning Committee Member	Nothing to disclose
Jack Flynn, Jack Flynn	Faculty	Nothing to disclose

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment,

management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected