Interprofessional Palliative Care Seminar Series - Maintaining Resilience in Palliative Care Practice
(Journal Club) 11-26-19
November 26, 2019
8:00 AM - 9:00 AM

Target Audience
This program has been designed for Anesthesiology, Emergency Medicine, Family Medicine, Pediatrics, Physical Medicine And Rehabilitation, Psychiatry, Surgery, Internal Medicine

Series Educational Objectives
After participating in this regularly scheduled series, participants should be able to:
1 Interpret recent palliative care research and describe how findings apply to local clinical practice.
2 Demonstrate interprofessional collaboration in reviewing challenging palliative care cases.
3 List evolving approaches to improve serious illness communication.
4 Describe holistic practices to support palliative care patients and families such as music therapy, spiritual care and bereavement counseling.

Session Educational Objectives
After completing this educational activity, participants should be able to:
1 Define transformational growth and resilience
2 Describe the four steps in the SCAR process: Struggling, Changing Mindset, Adapting, Achieving Resilience
3 Describe the grounded theory approach to qualitative data analysis.

Accreditation
In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit
Physicians: Penn Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is for 1.00 contact hours.

Pharmacists: This activity is approved for 1.00 contact hours
UAN Number: JA0000324-0000-18-019-L04-P

PAs: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 1.00 Category 1 credits for completing this activity.

Approved for (PSRM) patient safety/risk management designation

For more information, please contact
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Check your transcript online at https://upenn.cloud-cme.com
Acknowledgement of Commercial Support
None
Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity. For this purpose, we consider relationships of the person involved to include financial relationships of a spouse or partner.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain relationships that created a conflict of interest relevant to the topic of their presentation. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Any peer reviewer with a potential conflict of interest will recuse themselves from the peer review process.

<table>
<thead>
<tr>
<th>Name of individual</th>
<th>Individual’s role in activity</th>
<th>Name of commercial interest/Nature of relationship</th>
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</thead>
<tbody>
<tr>
<td>Katrina Le Blanc, BSHA</td>
<td>Activity Coordinator</td>
<td>Nothing to disclose</td>
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<tr>
<td>Nina O’connor, MD</td>
<td>Course Director</td>
<td>Nothing to disclose</td>
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<tr>
<td>Rachel Klinedinst, CRNP</td>
<td>Nurse Planner</td>
<td>Nothing to disclose</td>
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<tr>
<td>Monique Neault, DNP</td>
<td>Nurse Planner</td>
<td>Nothing to disclose</td>
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<tr>
<td>Jennifer Hwang, MD</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
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<tr>
<td>Sharon Kimberly, LCSW</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
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<tr>
<td>Alana Sagin, MD</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
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<tr>
<td>Deborah Way, MD</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
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<tr>
<td>Tanya Uritsky, PharmD</td>
<td>Pharmacy Planner</td>
<td>Nothing to disclose</td>
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<tr>
<td>Miriam Stewart, MD</td>
<td>Faculty</td>
<td>Nothing to disclose</td>
</tr>
</tbody>
</table>

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.