Sleep Medicine Educational Conference Series 2018-2020- Idiopathic Hypersomnia
October 10, 2019
12:00 PM - 1:00 PM

Target Audience
This program has been designed for Pediatrics, Neurology, Psychiatry, Internal Medicine, Internal Medicine - Sleep Medicine

Series Educational Objectives
After participating in this regularly scheduled series, participants should be able to:
1. Discuss the important concepts pertaining to telemedicine integration into a clinical sleep practice.
2. Identify suitable patients for alternative therapy for sleep apnea (initiate discussions with patients to gage interest in these therapies).
3. Improve the understanding of sleep homeostasis and increase patient education.

Session Educational Objectives
After completing this educational activity, participants should be able to:
1. Review the physiological processes associated with idiopathic hypersomnia
2. Discuss the existing literature for idiopathic hypersomnia and its limitations
3. Describe current and emergent treatments for idiopathic hypersomnia

Accreditation
In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit
Physicians: Penn Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is for 1.00 contact hours.

Pharmacists: This activity is not approved for pharmacy contact hours

PAs: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 1.00 Category 1 credits for completing this activity.

Acknowledgement of Commercial Support*
None

For more information, please contact
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Check your transcript online at https://upenn.cloud-cme.com
Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity. For this purpose, we consider relationships of the person involved to include financial relationships of a spouse or partner.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain relationships that created a conflict of interest relevant to the topic of their presentation. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Any peer reviewer with a potential conflict of interest will recuse themselves from the peer review process.

<table>
<thead>
<tr>
<th>Name of individual</th>
<th>Individual’s role in activity</th>
<th>Name of commercial interest/Nature of relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jing Shang, MA</td>
<td>Activity Administrator</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Lauren Reeve, BA</td>
<td>Activity Coordinator</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Maria Antoniou, MD</td>
<td>Co-Director</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Irene Rosen, MD</td>
<td>Course Director</td>
<td>Board Member-American Academy of Sleep Medicine-N/A</td>
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<tr>
<td>Rachel Falsone, MSN</td>
<td>Nurse Planner</td>
<td>Nothing to disclose</td>
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<tr>
<td>Lisa Felkins, MSN, CRNP</td>
<td>Nurse Planner</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Jorge Mora, MD</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
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<tr>
<td>Richard Schwab, MD</td>
<td>Other Planning Committee Member</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Toshihiro Imamura, MD</td>
<td>Faculty</td>
<td>Nothing to disclose</td>
</tr>
</tbody>
</table>

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.