Surgery Grand Rounds - 10/17/2019 "Navigating the Rocky Road to Surgeon Well-being"
October 17, 2019
7:00 AM - 8:00 AM

Target Audience
This program has been designed for Surgery

Series Educational Objectives
After participating in this regularly scheduled series, participants should be able to:
1 Discuss ongoing controversies in the field of health care management, health services research, and surgical education.
2 Describe the surgical research process in order to foster successful practices of our own faculty and residents.
3 Describe new trends and therapeutic modalities in surgery today.
4 Identify clinical situations in which to apply advanced research findings with the aim of improving clinical care and outcomes by physicians, nurses, and surgical staff.
5 Identify roadblocks that prevent the direct integration of scientific findings in daily patient care.

Session Educational Objectives
After completing this educational activity, participants should be able to:
1 Help you better understand our current workplace ethos.
2 Stimulate you to assess your own state of mind and to read and think about burnout and wellbeing issues.
3 Urge you to champion mitigating/eliminating burnout and restoring wellbeing in your environment.

Accreditation
In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit
Physicians: Penn Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This activity is for 1.00 contact hours.

Pharmacists: This activity is not approved for pharmacy contact hours

PAs: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 1.00 Category 1 credits for completing this activity.

Acknowledgement of Commercial Support*
None

For more information, please contact
Laura Huth, Elizabeth Gallagher
(215) 349-8252, (215) 662-2016
laura.huth@uphs.upenn.edu, Elizabeth.Gallagher2@uphs.upenn.edu

Check your transcript online at https://upenn.cloud-cme.com
Disclosure of Relevant Financial Relationships and Unapproved Uses of Products

It is policy at Penn Medicine Office of Continuing Medical and Interprofessional Education for individuals who are in a position to control the content of an educational activity to disclose to the learners all relevant financial relationships that they have with any commercial interest that provide products or services that may be relevant to the content of this continuing education activity. For this purpose, we consider relationships of the person involved to include financial relationships of a spouse or partner.

The intent of this policy is to ensure that Penn CME/CE certified activities promote quality and safety, are effective in improving medical practice, are based on valid content, and are independent of control from commercial interests and free of commercial bias. Peer review of all content was conducted for all faculty presentations whose disclosure information was found to contain relationships that created a conflict of interest relevant to the topic of their presentation. In addition, all faculty were instructed to provide balanced, scientifically rigorous and evidence-based presentations.

The staff in the Office of Continuing Medical and Interprofessional Education (CME and IPCE), have disclosed that they have no relevant financial relationships with any commercial interests related to the content of this educational activity. Any peer reviewer with a potential conflict of interest will recuse themselves from the peer review process.

<table>
<thead>
<tr>
<th>Name of individual</th>
<th>Individual's role in activity</th>
<th>Name of commercial interest/Nature of relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Gallagher, MS</td>
<td>Activity Administrator</td>
<td>No Disclosure</td>
</tr>
<tr>
<td>Ronald Dematteo, MD</td>
<td>Course Director</td>
<td>Grants/Research Support Recipient-Blueprint Medicines-sarcoma</td>
</tr>
<tr>
<td>Jon Morris, MD-FCBC</td>
<td>Course Director</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>Jenny Lynn, DNP</td>
<td>Nurse Planner</td>
<td>Nothing to disclose</td>
</tr>
<tr>
<td>David Rothenberger, MD</td>
<td>Faculty</td>
<td>Nothing to disclose</td>
</tr>
</tbody>
</table>

Relevant financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.