

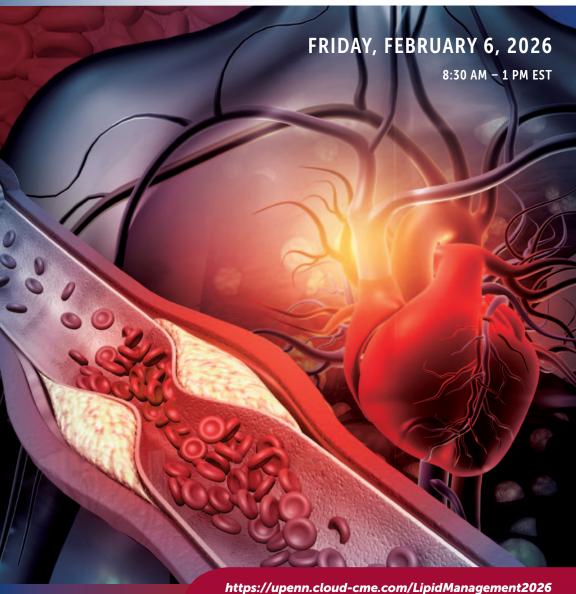
Divisions of Translational Medicine & Human Genetics and Cardiology at Penn Medicine *Presents* 

# LIVE VIRTUAL

# ADVANCED LIPID MANAGEMENT: EVERYTHING YOU NEED TO KNOW ABOUT LIPOPROTEIN(A)

CME/CE-ACCREDITED CONFERENCE







Elevated lipoprotein(a) [Lp(a)] is an established independent and causal risk factor for cardiovascular disease. High Lp(a) levels are prevalent and present in approximately 20% of the population. Universal screening of Lp(a) is recommended for all adults. This program will provide an overview of Lp(a) and associated risk for cardiovascular disease. The focus of the program will be on exploring how Lp(a) levels can be utilized in cardiovascular risk assessment and be used to inform treatment strategies. This program will also provide updates on the novel Lp(a)-lowering therapies in development.

This activity is designed for healthcare professionals, general internists, family practitioners, cardiologists, neurologists, vascular medicine specialists, physician assistants, advanced practice nurses, pharmacists, residents and fellows.

# **LEARNING OBJECTIVES**

Upon conclusion of this educational activity, the participant will be better able to:

- Describe the association of Lp(a) with risk for atherosclerotic cardiovascular disease
- Identify patients for Lp(a) screening
- Apply Lp(a) results towards cardiovascular risk assessment
- Provide current treatment strategies for patients with high Lp(a)
- Review upcoming novel Lp(a)-lowering therapies in development

# HOSTING DEPARTMENT

Advanced Lipid Management: Everything You Need to Know About Lipoprotein(a) is hosted by the Divisions of Translational Medicine & Human Genetics and Cardiology at Penn Medicine.



### **ACCREDITATION**



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### DESIGNATION OF CREDIT

**Physicians:** Penn Medicine designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**ABIM MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.25 MOC points in the American Board of Internal Medicine's (ABIM)

Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses: This program provides 4.25 NCPD hours.

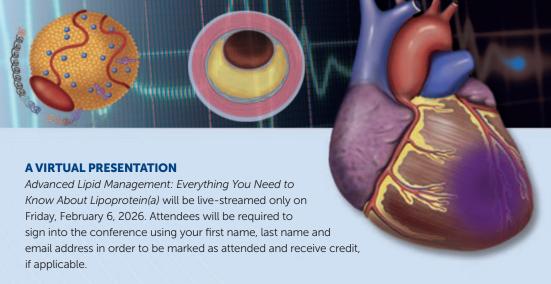
**Pharmacists:** This knowledge-based activity is approved for 4.25 ACPE contact hours of continuing pharmacy education credit. JA0000324-0000-26-005-L01-P

**Physician Assistants:** AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*<sup>TM</sup> from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 4.25 Category 1 credits for completing this activity.

**Certificates and Transcripts:** After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <a href="https://upenn.cloud-cme.com">https://upenn.cloud-cme.com</a>. Please note that the individual certificate will not be mailed.

**Please save our Penn Medicine email** (penncme@upenn.cloud-cme.com) to prevent our emails from going to spam/junk.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



All preregistered attendees will receive an email with the link to join the live broadcast 24-48 hours prior to the conference date.

# **REGISTRATION FEES**

Please register online at

https://upenn.cloud-cme.com/LipidManagement2026.

Advanced Lipid Management: Everything You Need to Know About Lipoprotein(a) is \$50 for Industry Representatives and \$35 for Practicing Physicians, Physician Assistants, Nurses and Healthcare Professionals. Fellows, Residents, Students, and Penn Medicine employees, faculty or staff may attend at no cost. Penn Medicine employees, faculty and staff must register using a valid Penn Medicine email address (your Pennkey and password) to receive complimentary registration.

**Need to Register by Mail?** Please note: mailed registrations can take up to 5-10 business days before they are received. We are experiencing longer delays in receiving mail. We encourage all attendees to register online, however, if you want to mail in your registration, see the registration form. All registrations will be confirmed by email if your registration is received no later than February 4, 2026. BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

**How to Register Online:** If you do not already have a UPenn Cloud CME profile, you will need to create one by visiting: **https://upenn.cloud-cme.com** and using your email address and then selecting the "Don't have an account?" option. Please be sure you do not already have an existing UPenn Cloud CME account before creating a new profile. All Penn Medicine employees, faculty and staff must sign-in using your UPenn ID.

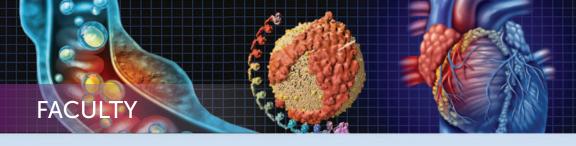
# **DISCLOSURES**

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the ACCME Standards for Integrity and Independence in Accredited Continuing Education. Faculty members are expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.

# **CANCELLATION POLICY**

In order to process refunds for course withdrawals, cancellations must be received in writing by January 23, 2026 and are subject to a \$15.00 service charge. No refunds will be issued thereafter.

In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



#### **COURSE DIRECTORS**

# Archna Bajaj, MD, MSCE, FNLA

Assistant Professor of Clinical Medicine
Division of Translational Medicine &
Human Genetics
Director, Clinical Trials, Center for Preventive
Cardiology and Lipid Management
Penn Medicine
Philadelphia. PA

# Douglas Jacoby, MD

Professor of Clinical Medicine
Division of Cardiovascular Medicine
Louis R. Dinon, MD Teaching Chair of Clinical Cardiology
Chief of Cardiology, Pennsylvania Hospital
Medical Director, Center for Preventive Cardiology
and Lipid Management
Director, Clinical Informatics, Cardiovascular Medicine
Penn Medicine
Philadelphia, PA

# **KEYNOTE SPEAKER**

# Sotirios Tsimikas, MD, FACC

Professor of Medicine Director of Vascular Medicine UC San Diego Health, San Diego, CA

#### **FACULTY**

# Rebecca Burdett, CRNP\*

Nurse Practitioner, Medical Genetics Penn Medicine Philadelphia, PA

# Fahdem lamrl, MD

Cardiovascular Fellow Penn Medicine Philadelphia, PA

### Marlys Koschinsky, PhD

Professor of Physiology & Pharmacology Schulich School of Medicine & Dentistry Robarts Research Institute Western University London, Ontario, Canada

#### Michael G. Levin, MD

Assistant Professor of Medicine Penn Medicine Staff Cardiologist Corporal Michael J. Crescenz VA Medical Center Philadelphia, PA

#### Steven Messe, MD

Professor of Neurology
Associate Director, Vascular Neurology Fellowship
Director of Fellowship Programs
Department of Neurology
Penn Medicine
Philadelphia, PA

# Erin D. Michos, MD, MHS

Professor of Medicine Division of Cardiology Johns Hopkins School of Medicine Baltimore, MD

# Riya Patel, PharmD, BCACP\*

Clinical Pharmacist Specialist Ambulatory Care Penn Medicine Philadelphia, PA

# Daniel J. Rader, MD

Seymour Gray Professor of Molecular Medicine Chief, Division of Translational Medicine and Human Genetics Chair, Department of Genetics Associate Director, Institute for Translational Medicine and Therapeutics Penn Medicine Philadelphia, PA

### Gissette Reyes-Soffer, MD

Associate Professor of Medicine Division of Preventive Medicine and Nutrition Columbia Vagelos College of Physicians and Surgeons New York, NY

#### Michael D. Shapiro, DO, MCR

Fred M. Parrish Professor of Cardiology and Molecular Medicine Wake Forest University School of Medicine Winston-Salem, NC

# Daniel E. Soffer, MD, MNLA, FACP

Clinical Associate Professor of Medicine Division of Translational Medicine and Human Genetics Penn Medicine Philadelphia, PA

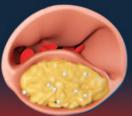
#### Michael J. Wilkinson, MD, FACC, FNLA

Associate Professor of Medicine UC San Diego Health San Diego, CA









# AGENDA | FRIDAY, FEBRUARY 6, 2026

8:15 AM – 8:30 AM Sign into Virtual Platform 8:30 AM – 8:35 AM **Welcome & Introductions** 

Archna Bajaj, MD and Douglas Jacoby, MD

# PART I: BIOLOGY, GENETICS AND EPIDEMIOLOGY OF LP(A)

8:35 AM - 8:50 AM Lp(a) Biology and Role in Atherosclerosis

Marlys Koschinsky, PhD

8:50 AM - 9:00 AM Lp(a) and Risk for Coronary Disease and Aortic Stenosis

Michael Wilkinson, MD

9:00 AM - 9:10 AM Lp(a) and Risk for Peripheral Vascular Disease

Michael Levin, MD

9:10 AM - 9:20AM Lp(a) and Risk for Stroke

Steven Messe, MD

9:20 AM – 9:30 AM Impact of Race/Ethnicity on Lp(a)

Gissette Reyes-Soffer, MD

9:30 AM - 10:00 AM Case Presentation and Q&A

Moderator: Douglas Jacoby, MD Case Presenter: Fahdem lamrl, MD

Panel: Marlys Koschinsky, PhD, Michael Levin, MD, Michael Wilkinson, MD, and Steven Messe, MD

10:00 AM - 10:10 AM Break

#### PART II: LP(A) TESTING AND KEYNOTE LECTURE

10:10 AM – 10:25 AM Where Does Lp(a) fit in Current Guidelines?

Daniel Soffer, MD, FNLA

10:25 AM - 10:55 AM KEYNOTE LECTURE: TBD

Sotirios Tsimikas, MD

10:55 AM - 11:15 AM Roundtable Faculty Discussion

Moderator: Archna Bajaj, MD

Panel: Daniel Rader, MD, Daniel Soffer, MD, and Sotirios Tsimikas, MD

11:15 AM - 11:25 AM Break

# PART III: CURRENT AND FUTURE TREATMENT LANDSCAPE FOR LP(A)

11:25 AM - 11:40 AM Current Treatment Strategies for Elevated Lp(a)

Michael Shapiro, DO

11:40 AM - 11:55 AM Lp(a) in Females and Effect of Hormones

Erin Michos, MD

11:55 AM - 12:10 PM Novel Lp(a)-Lowering Therapies in Development

Archna Bajaj, MD

12:10 PM - 12:50 PM Case Presentation & Q&A

Moderator: Douglas Jacoby, MD

Case Presenter: Rebecca Burdett, CRNP

Panel: Archna Bajaj, MD, Erin Michos, MD, Michael Shapiro, DO,

and Daniel Soffer, MD

12:55 PM Adjourn

# LIVE VIRTUAL

# **Registration Form**

# ADVANCED LIPID MANAGEMENT: EVERYTHING YOU NEED TO KNOW ABOUT LIPOPROTEIN(A)

FRIDAY, FEBRUARY 6, 2026 8:30 AM - 1:00 PM EST

We strongly encourage you to register for this conference online by check or credit card at <a href="https://upenn.cloud-cme.com/LipidManagement2026">https://upenn.cloud-cme.com/LipidManagement2026</a>

### **Questions? Contact us at:**

penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please	print	or	tν	pe

Name (First)	(Last)	
Andreis Dames		
Academic Degree		
Medical Specialty		
Affiliation (Hospital, Office, or Company)		
Address ( Affiliation or Home)		
City	State	Zip
Phone	Fax	
E-mail		

# REGISTRATION FEE

(pre-payment is required to be officially registered)

- ☐ \$50.00 for Industry Representatives
- ☐ \$35.00 for Practicing Physician, Nurses and Healthcare Professionals
- ☐ No fee for Fellows, Residents, Students, and Penn Medicine employees, faculty or staff
  - \*Penn Medicine staff must register with a valid Penn Medicine email address to register and receive complimentary registration.

# **PAYMENT METHOD**

- If you are paying by check or credit card, please register online at https://upenn.cloud-cme.com/LipidManagement2026
- If you are paying by check, you may mail your completed registration form and check made payable to The Trustees of the University of Pennsylvania/CME to:

Conference Manager, Office of Continuing Medical & Interprofessional Education Perelman School of Medicine/CME

JMEC, SPE, 6th Floor, University of Pennsylvania

3400 Civic Center Blvd, Building 421, Philadelphia, PA 19104-5162

Do not include any credit card information on the registration form or share via email.