

# **IN-PERSON AND VIRTUAL**

# PENN NEUROMUSCULAR SYMPOSIUM 2026

**CME-ACCREDITED SYMPOSIUM** 



# PROGRAM OVERVIEW & TARGET AUDIENCE

The annual *Penn Neuromuscular Symposium* will discuss available and novel therapies for patients with neuromuscular disorders ranging from immuno-modulation to gene therapy. Experts will also present clinical cases selected from the Penn neuromuscular clinic to discuss where new diagnostic methods and treatments apply. The course will be interactive and attendees are encouraged to participate and exchange their experience and ask questions as they see fit.

The Symposium will also explain how to enhance collaboration and knowledge exchange among neurologists and other healthcare professionals taking care of this unique patient population, which will also help facilitate enrollment in exciting clinical trials here at Penn.

#### **LEARNING OBJECTIVES**

Upon conclusion of this educational activity, the participant will be better able to:

- Describe novel treatments for myasthenia gravis, including emerging therapies and their mechanisms of action.
- Discuss new diagnostic approaches and treatment strategies for neuropathy associated with amyloidosis.
- Discuss the different types of demyelinating neuropathies and outline current approaches to their diagnosis and management.
- Describe novel treatments for spinal muscular atrophy (SMA) and amyotrophic lateral sclerosis (ALS), including recently approved therapies and emerging clinical trial data.
- Describe current approaches to the diagnosis and treatment of pulmonary complications in neuromuscular diseases.
- Apply antibody testing in the diagnosis of inflammatory myopathies and describe novel therapies under investigation for their treatment.
- Discuss the role and recent advances of gene therapy in the treatment of hereditary myopathies.
- Discuss challenging clinical cases to enhance diagnostic reasoning and management strategies in neuromuscular disorders.
- Discuss recent advances in the diagnosis and treatment of hereditary neuropathies.

#### HOSTING DEPARTMENT

The *Penn Neuromuscular Symposium* is hosted by the Department of Neurology at Penn Medicine.



#### **ACCREDITATION**



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### DESIGNATION OF CREDIT

**Physicians:** Penn Medicine designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants:** AAPA accepts certificates of participation for educational activities certified for 6.25 *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 6.25 Category 1 credits for completing this activity.

Nurses: This program provides 6.25 NCPD hours.

**Certificates and Transcripts:** After the conference has concluded, all participants will receive a follow-up email with instructions and a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <a href="https://upenn.cloud-cme.com">https://upenn.cloud-cme.com</a>. Please note that the individual certificate will not be mailed.

#### LIVE AND VIRTUAL PRESENTATIONS

Penn Neuromuscular Symposium will be held Saturday, March 21, 2026 by in-person or live-stream (virtual) attendance. The live and virtual presentations will follow the scheduled agenda in real time (EDT).

#### IN PERSON MEETING LOCATION

Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research 3400 Civic Center Blvd., Philadelphia, PA 19104



#### **In-person Registration Fees**

The fees to attend in-person are as follows: \$125 for physicians and industry attendees, \$75 for nurse practitioners, physician assistants and other healthcare professionals. There is no fee for residents, fellows, students and Penn Medicine Neurology employees, faculty and staff to attend.

All pre-registered, in-person attendees will receive access to the conference, attendee booklet, continental breakfast, lunch and breaks. Registration also includes access to view the presentations online for one year. Walk-ins are discouraged. Please be sure to register in advance.

#### **Live-stream Registration Fees**

The fees to attend virtually are as follows: \$100 for physicians and industry attendees, \$50 for nurse practitioners, physician assistants and other healthcare professionals.

There is no fee for healthcare professionals from Africa, Asia and Latin America, residents, fellows, students and Penn Medicine Neurology employees, faculty and staff to attend virtually.

All pre-registered virtual attendees will receive an email that includes a link with instructions to sign-in and join the virtual conference 48 hours preceding the symposium, as well as the attendee booklet (downloadable PDF). Registration also includes access to view the presentations online for one year.

#### Need to Register by Mail?

*Please note:* mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than March 19, 2026.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

#### **CANCELLATION POLICY**

In order to process refunds for course withdrawals, cancellations must be received in writing by March 6, 2026 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



#### Directions to Perelman Center for Advanced Medicine/ Smilow Center for Translational Research:

The Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research is located on floor C of the Perelman Center for Academic Research, 3400 Civic Center Blvd., Philadelphia, PA. We strongly recommend you use GPS for exact directions to and from your starting point or if you prefer, take public transportation to and from campus, please visit <a href="http://www.upenn.edu/services/transportation">http://www.upenn.edu/services/transportation</a> for options.

**Parking:** On Saturdays, attendees may park at the Penn Museum Parking Garage, 3220 South Street, Philadelphia, PA. Cost per day for this garage is \$18. Parking fees will not be validated or reimbursed.

#### Overnight Accommodation within Walking Distance:

The Study at University City Hotel 20 South 33rd Street Philadelphia, PA 19104 215-387-1400

There is no room block or discounted rate available and rooms are subject to availability.

**SERVICES FOR THE DISABLED** If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than March 6, 2026 at 215-898-6400.

**NONDISCRIMINATION STATEMENT** The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.

# **FACULTY**

#### **CONFERENCE DIRECTOR**

#### Chafic Karam, MD

Professor of Clinical Neurology Chief, Neuromuscular Division Medical Director, Neuromuscular Fellowship Program Penn Medicine Philadelphia, PA



#### Shawn Bird, MD\*

Professor of Neurology Medical Director, Electromyography Laboratory at the Hospital of the University of Pennsylvania Penn Medicine Philadelphia, PA

#### David R. Cornblath, MD

Professor Emeritus, Neurology Johns Hopkins University School of Medicine Baltimore, MD

#### Lauren Elman, MD

Professor of Neurology Director, Muscular Dystrophy Association Clinic Director, Penn Comprehensive ALS Center Penn Medicine Philadelphia, PA

#### Matthew B. Harms, MD

Associate Professor of Neurology Columbia University Irving School of Medicine New York, NY

#### Rebecca Hsu, MD

Assistant Professor of Clinical Neurology Penn Medicine Philadelphia, PA

#### Paul Mcintosh, MD

Assistant Professor of Neurology Penn Medicine Philadelphia, PA

#### Steven S. Scherer, MD, PhD

Emeritus Professor of Neurology Penn Medicine Philadelphia, PA

#### Marcus V.R. Pinto, MD, MS

Neuromuscular Disease Specialist Mayo Clinic Rochester, MN

#### **CASE PRESENTERS**

#### Tyler Crissinger, MD

Neuromuscular Fellow Penn Medicine Philadelphia, PA

#### Eduardo Perez, MD

Neuromuscular Fellow Penn Medicine Philadelphia, PA

#### **DISCLOSURES**

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the ACCME Standards for Integrity and Independence in Accredited Continuing Education. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.

<sup>\*</sup>Planning Committee



8:20 AM - 8:30 AM	Welcome Chafic Karam. MD
8:00 AM - 8:20 AM	Sign into the Virtual Platform (Virtual Attendees Only)
7:45 ам — 8:20 ам	In-Person Registration and Continental Breakfast

### MORNING SESSION

8:30 am — 9:00 am	How to Incorporate Novel Treatments in Myasthenia Gravis Rebecca Hsu, MD
9:00 ам — 9:30 ам	Advances in Gene- and RNA-Targeted Therapies for SMA and ALS Matthew B. Harms, MD
9:30 ам — 10:00 ам	Neuromuscular Case Presentation Eduardo Perez, MD
10:00 ам — 10:30 ам	Break
10:30 ам — 11:00 ам	Hereditary Neuropathies, Including hATTR – New Insights and Treatments Steven S. Scherer, MD, PhD
11:00 ам — 11:45 ам	ARTHUR ASBURY ENDOWMENT LECTURE: Guillain-Barré Syndrome: The Move to Targeted Therapies David R. Cornblath, MD
11:45 ам — 12:45 рм	Lunch Break

## AFTERNOON SESSION

12:45 рм — 1:15 рм	Novel Therapeutic in Hereditary Muscular Dystrophies Lauren Elman, MD
1:15 рм — 1:45 рм	<b>Diagnosing and Managing Demyelinating Neuropathies</b> <i>Marcus V.R. Pinto, MD</i>
1:45 PM - 2:15 PM	Break
2:15 рм — 2:45 рм	Neuromuscular Case Presentation Tyler Crissinger, MD
2:45 PM - 3:15 PM	Antibody Testing and Novel Therapies in Inflammatory Myopathies Paul Mcintosh, MD
3:15 рм — 3:30 рм	Questions & Wrap Up
3:30 PM	Adjourn

#### **Registration Form**

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# PENN NEUROMUSCULAR SYMPOSIUM 2026

SATURDAY, MARCH 21, 2026

7:45 AM - 3:30PM EDT

We strongly encourage you to register for this conference online by check or credit card at <a href="https://upenn.cloud-cme.com/neuromuscular2026">https://upenn.cloud-cme.com/neuromuscular2026</a>

#### **Questions? Contact us at:**

penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type				
Name (First)	(Last)			
Academic Degree				
Medical Specialty		_		
Affiliation (Hospital, Office, or Compar	ny)			
Address (  Affiliation or  Home)				
City	State	Zip		
Phone	Fax			
E-mail				
REGISTRATION FEES				
(pre-payment is required to be o	officially registered)			
healthcare professionals – \$7  There is no fee for residents, faculty and staff to attend.  LIVE-STREAM (VIRTUAL) ATTE Physicians and industry employ Nurse practitioners, nurses, phealthcare professionals – \$5  There is no fee for residents, faculty and staff to attend.	harmacists, physician assistants, research /5 fellows, students and Penn Medicine Ne ENDANCE: oyees – \$100 harmacists, physician assistants, research	eurology employees, ners and other eurology employees,		
<ul> <li>https://upenn.cloud-cme.co</li> <li>If you are paying by check, you check made payable to The Tourish Conference Manager</li> <li>Office of Continuing In</li> </ul>	ou may mail your completed registration of the University of Pennsylvania.  Medical & Interprofessional Education Penn Medicine, JMEC, SPE, 6th floor ord, Bldg. 421			

■ Do not include any credit card information on the registration form or share via email.