

Pennsylvania Chapter of ASMBS 2025 Meeting: Recent Initiatives in Bariatric Surgery



CME/CE-ACCREDITED CONFERENCE

Friday, September 26, 2025

Registration | 7:30 am – 8:00 am

Scientific Program | 8:00 am – 4:00 pm

The Alloy King of Prussia
301 West Dekalb Pike
King of Prussia, PA 19406

IN CONJUNCTION WITH

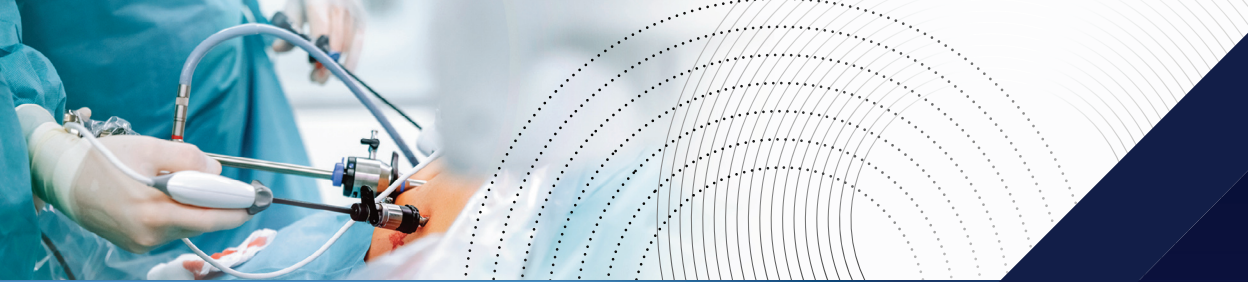


ASMBS

American Society for
Metabolic and Bariatric Surgery
Pennsylvania Chapter

Register online:

<https://upenn.cloud-cme.com/PAASMBS2025>



PROGRAM OVERVIEW

Supported by the Pennsylvania Chapter of the American Society for Metabolic and Bariatric Surgery, this symposium will include recent initiatives in bariatric surgery care, specifically highlighting research and care in Pennsylvania. Presentations will include recent surgical innovations, pharmacotherapy initiatives, and allied health supporting care of the patient undergoing bariatric surgery.

TARGET AUDIENCE

This activity has been designed for bariatric surgeons, gastroenterologists, dieticians, nutritionists, nurse practitioners, physician assistants and other healthcare professionals who treat bariatric surgery candidates.

LEARNING OBJECTIVES

At the conclusion of this educational activity, the participant should be able to:

- Review current guidelines for bariatric surgery care
- Describe psychological considerations of bariatric surgery care
- Assess pharmacotherapy needs of bariatric surgery patients
- Explore gaps in current evidence base for optimal bariatric surgery care

HOSTING DEPARTMENT

The Pennsylvania Chapter of ASMBS 2025 Meeting: Recent Initiatives in Bariatric Surgery is hosted by the GI Surgery Division at Penn Medicine Pennsylvania Hospital..

LIVE PRESENTATIONS

The Pennsylvania Chapter of ASMBS 2025 Meeting: Recent Initiatives in Bariatric Surgery will be held Friday, September 26, 2025 by in-person attendance. The live presentations will follow the scheduled agenda in real time (EST).

MEETING LOCATION

The Alloy King of Prussia • 301 West Dekalb Pike, King of Prussia, PA 19406

Parking: Complimentary parking is available at the Alloy King of Prussia.



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registered Dietitians: The CPE activity application for Pennsylvania Chapter American Society for Metabolic and Bariatric Surgery Annual Meeting and Conference is pending CDR review and approval for 5.5 CPEUs

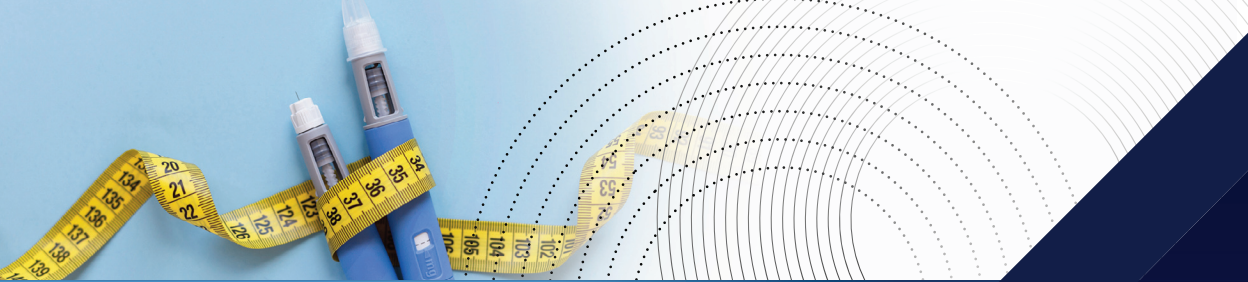
Nurses: This program provides 5.5 *NCPD hours*.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.5 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on a transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than September 12, 2025, at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



REGISTRATION FEES

Please register online at

<https://upenn.cloud-cme.com/PAASMBBS2025>

HOW TO REGISTER

Please register online at **<https://upenn.cloud-cme.com/PAASMBBS2025>**.

Verified attendance includes access to view the presentations (videos and slides) online for one year. Pre-registration is required to attend. Walk-ins are discouraged. Please be sure to register in advance.

All preregistered attendees will receive access to the meeting, the program handout, continental breakfast, lunch, and breaks. Attendees will be required to sign-in to be marked as attended, receive credit and view the recorded content.

The fee to attend is \$125 for all attendees.

Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than September 24, 2025.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

CANCELLATION POLICY

In order to process refunds for course withdrawals, cancellations must be received in writing by September 12, 2025 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



COURSE FACULTY

DIRECTOR

Maria S. Altieri, MD, MS*

Assistant Professor of Clinical Surgery
Section Chief, GI Surgery
Penn Medicine Pennsylvania Hospital
Philadelphia, PA

GUEST SPEAKER

Renee Hilton, MD

Associate Professor
Director, Center of Obesity and Metabolism
Augusta, GA

COURSE FACULTY

George Eid, MD, FACS

System Chair, Bariatric and Metabolic Institute
Allegheny Health Network
Wexford, PA

Joshua Winder, MD

Assistant Professor of Surgery
Penn State
Hershey, PA

Ann Rogers, MD*

Director, Penn State Surgery
Weight Loss Program
Penn State
Hershey, PA

ADDITIONAL PLANNING COMMITTEE MEMBERS

John Fam, MD

Assistant Professor of Surgery
Tower Health
Reading, PA

Kristin Lawton, RD

Registered Dietician
Penn Medicine
Philadelphia, PA

Michael Fejka III, PA-C

Physician Assistant
Colon and Rectal Surgery
Penn Medicine
Philadelphia, PA

Faiz Shariff, MD

Director of Robotic Surgery
Wellspan
York, PA

Cindy Hipszer, MSN

MBS Coordinator
Penn State Health
State College, PA

Gabrielle Wagner, MSN

Nurse Practitioner
GI Surgery
Penn Medicine
Philadelphia, PA

*Planning Committee

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of products or devices within their presentations.



AGENDA

Friday, September 26, 2025

8 am – 4:00 pm

7:30 am – 8:00 am Registration and Breakfast

8:00 am – 8:10 am **Welcome & Objectives**

- Overview of the day
 - Brief introductions
- Maria Altieri, MD, MS*

8:10 am – 8:30 am **CURRENT STATE OF METABOLIC AND BARIATRIC SURGERY**

Ann Rogers, MD

8:30 am – 8:50 am **WEIGHT LOSS MEDICATIONS:
CLINICAL TRIALS VS. REAL-WORLD EXPERIENCE**
TBD

8:50 am – 9:10 am **THE ROLE OF ENDOSCOPIC PROCEDURES FOR WEIGHT LOSS**

- Approval pathways, training, CPT code updates

Joshua Winder, MD

9:10 am – 9:40 am Coffee Break/Please Visit Exhibitors

9:40 am – 10:00 am **CREATING A COMPREHENSIVE BARIATRIC PROGRAM**

- Addressing obesity in a holistic ways

George Eid, MD

10:00 am – 10:20 am **PRE-OPERATIVE TECHNIQUES TO DELIVER INFORMATION EFFECTIVELY**
TBD

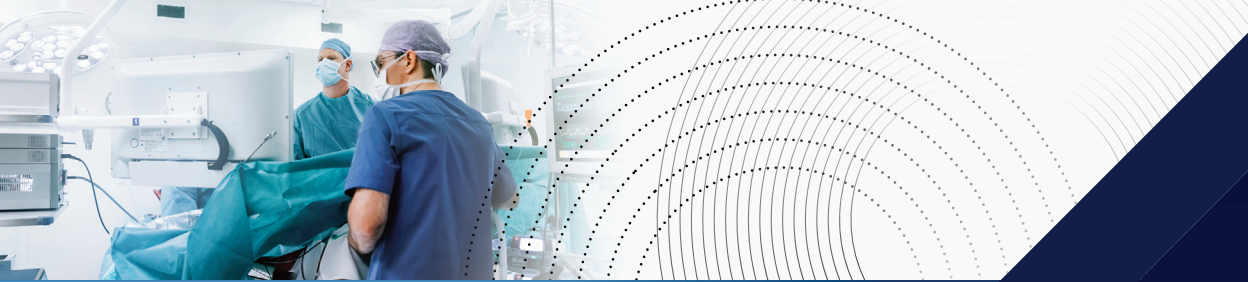
10:20 am – 10:40 am **IMPROVING LONG-TERM OUTCOMES: THE ROLE OF SUPPORT SYSTEMS**
TBD

10:40 am – 11:00 am **NEW TECHNOLOGY IN BARIATRICS: MAGNETS, AI, AND BEYOND**
TBD

11:00 am – 11:20 am **HIGH-RISK PATIENTS: PRE-OP OPTIMIZATION STRATEGIES**
TBD

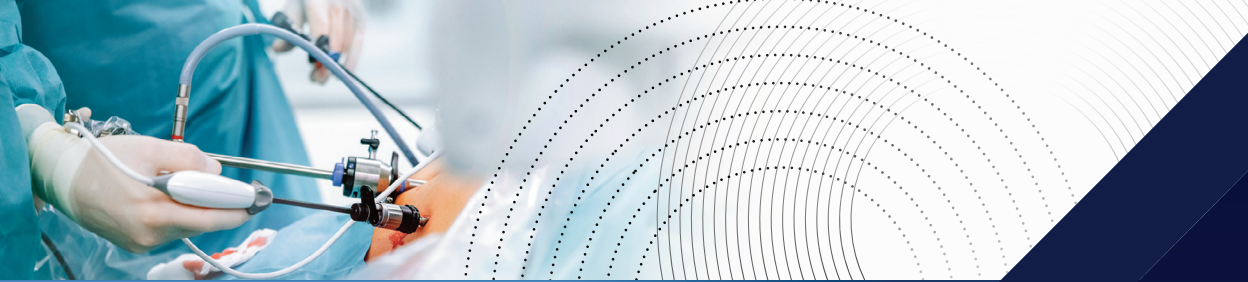
11:20 am – 11:40 am **REVISIONAL SURGERY: OPTIONS AND SPECIAL CONSIDERATIONS**
TBD

11:40 am – 1:00 pm Lunch



AGENDA

- 1:00 pm – 2:00 pm **KEYNOTE**
NAVIGATING ADVOCACY: WHAT'S UP AND COMING?
• Insurance & reimbursement challenges
Renee Hilton, MD
- 2:00 pm – 2:20 pm **BARIATRIC SURGERY IN ADOLESCENTS: BREAKING THE MYTH**
• Growing data and changing guidelines
TBD
- 2:20 pm – 2:40 pm **PREGNANCY FOLLOWING BARIATRIC SURGERY: OUTCOMES & SAFETY**
• Optional depending on interest or data availability
TBD
- 2:40 pm – 3:00 pm **PSYCHOSOCIAL SUPPORT & PRE-OP WEIGHT GAIN: MALADAPTIVE EATING VS. PROGRESSION OF DISEASE**
• Role of psychologists in clearance decisions
TBD
- 3:00 pm – 3:30 pm Coffee Break/Please Visit Exhibitors
- 3:30 pm – 4:00 pm **VIDEO SESSION**
Moderator: Maria Altieri, MD
- 4:00 pm Adjourn



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We strongly encourage you to register for this conference online by check or credit card at
<https://upenn.cloud-cme.com/PAASMBS2025>

Questions? Contact us at:
penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005
Please note we are unable to accept faxed registration forms.

Please print or type

Name (First)		(Last)
Academic Degree		
Medical Specialty		
Affiliation (Hospital, Office, or Company)		
Address (<input type="checkbox"/> Affiliation or <input type="checkbox"/> Home)		
City	State	Zip
Phone	Fax	
E-mail		

REGISTRATION FEES

(pre-payment is required to be officially registered)

REGISTRATION FEES

- ☐ Physicians and industry employees – \$125
- ☐ Nurse practitioners, nurses, physician assistants and other healthcare professionals – \$125
- ☐ Residents, fellows and students – \$125

PAYMENT METHOD

- If you are paying by check or credit card, please register online at
<https://upenn.cloud-cme.com/PAASMBS2025>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
Conference Manager
Office of Continuing Medical & Interprofessional Education
Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
3400 Civic Center Blvd, Bldg. 421, Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.