

Pennsylvania Chapter of ASMBS 2025 Meeting:

Addressing Weight Loss in a Multidisciplinary Approach



CME/CE-ACCREDITED CONFERENCE

Friday, September 26, 2025

Registration | 7:30 am – 8:00 am

Scientific Program | 8:00 am – 4:00 pm

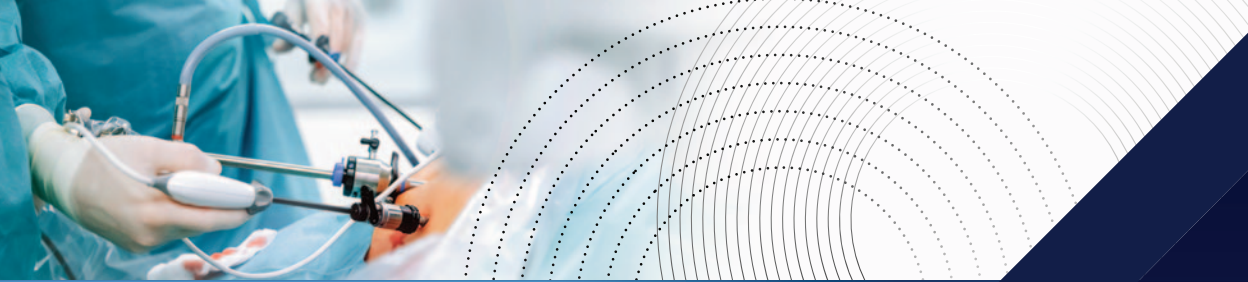
The Alloy King of Prussia
301 West Dekalb Pike
King of Prussia, PA 19406

IN CONJUNCTION WITH



Register online:

<https://upenn.cloud-cme.com/PAASMBS2025>



PROGRAM OVERVIEW

Supported by the Pennsylvania Chapter of the American Society for Metabolic and Bariatric Surgery, this symposium will include recent initiatives in weight loss, specifically highlighting research and care in Pennsylvania. Presentations will include recent surgical innovations, pharmacotherapy initiatives, and allied health supporting care of the patient undergoing bariatric surgery.

TARGET AUDIENCE

This activity has been designed for bariatric surgeons, gastroenterologists, dieticians, nutritionists, nurse practitioners, physician assistants and other healthcare professionals who treat bariatric surgery candidates.

LEARNING OBJECTIVES

At the conclusion of this educational activity, the participant should be able to:

- Review current guidelines for bariatric surgery care
- Describe psychological considerations of bariatric surgery care
- Assess pharmacotherapy needs of bariatric surgery patients
- Explore gaps in current evidence base for optimal bariatric surgery care

HOSTING DEPARTMENT

The Pennsylvania Chapter of ASMBS 2025 Meeting: Addressing Weight Loss in a Multidisciplinary Approach is hosted by the GI Surgery Division at Penn Medicine Pennsylvania Hospital.

LIVE PRESENTATIONS

The Pennsylvania Chapter of ASMBS 2025 Meeting: Addressing Weight Loss in a Multidisciplinary Approach will be held Friday, September 26, 2025 by in-person attendance. The live presentations will follow the scheduled agenda in real time (EST).

MEETING LOCATION

The Alloy King of Prussia • 301 West Dekalb Pike, King of Prussia, PA 19406

Parking: Complimentary parking is available at the Alloy King of Prussia.



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registered Dietitians: The CPE activity application for PA ASMBS 2025 is pending CDR review and approval for 5.5 CPEUs.

Nurses: This program provides 5.5 *NCPD hours*.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.5 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on a transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than September 12, 2025, at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



REGISTRATION FEES

Please register online at

<https://upenn.cloud-cme.com/PAASMBS2025>

The fee to attend is \$125 for all attendees.

Verified attendance includes access to view the presentations (videos and slides) online for one year. Pre-registration is required to attend. Walk-ins are discouraged. Please be sure to register in advance.

All preregistered attendees will receive access to the meeting, the program handout, continental breakfast, lunch, and breaks. Attendees will be required to sign-in to be marked as attended, receive credit and view the recorded content.

Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than September 24, 2025.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

CANCELLATION POLICY

In order to process refunds for course withdrawals, cancellations must be received in writing by September 12, 2025 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



COURSE FACULTY

DIRECTOR

Maria S. Altieri, MD, MS*

Assistant Professor of Clinical Surgery
Section Chief, GI Surgery
Penn Medicine Pennsylvania Hospital
Philadelphia, PA

GUEST SPEAKER

C. Joe Northup, MD, FACS, FASMBS

Associate Professor
Director, Metabolic and Bariatric Surgery
Vanderbilt University Medical Center
Nashville, TN
ASMBS Board of Directors
Vice President, ASMBS

COURSE FACULTY

Kate Boardman, MS, RD, CSOWM, LDN

Network Director
St Luke's Weight Management Services
Board Certified Specialist in
Obesity & Weight Management
St. Luke's University Health Network
Allentown, PA

Candice R. Chipman, MD

General and Bariatric Surgeon
Abington Hospital Jefferson Health
Abington, PA

Joy L. Collins, MD

Professor of Clinical Surgery
Penn Medicine
Surgical Director
Adolescent Bariatric Surgery Program,
Surgical Director
Intestinal Rehabilitation Program
Louise Schnaufer Endowed Chair
in Pediatric Surgery
The Children's Hospital of Philadelphia
Philadelphia, PA

George Eid, MD, FACS

System Chair, Bariatric and Metabolic Institute
Allegheny Health Network
Wexford, PA

Maher El Chaar, MD, FACS, FASMBS

Network Director, Robotic Surgery and Innovation
Fellowship Director, Bariatric and Foregut Surgery
Clinical professor-Adjunct
Bariatric and Minimally Invasive Surgery
The Medical School of Temple University/
St Luke's and Health Network
Allentown, PA

Megan Lundgren, MD

Bariatric and Foregut Surgeon
Advanced Endoscopist
Penn Highlands Healthcare
DuBois, PA

Ann Rogers, MD*

Director, Penn State Surgery
Weight Loss Program
Penn State
Hershey, PA

Babette Rudick, MSN, RN, CBN

Program Manager for Bariatric Surgery & Call
Center/UPMC Central PA Weight Management
Unit Manager for Endoscopy Services/UPMC
Specialty Care York Endoscopy Center (YEC)
UPMC Central Pennsylvania
Harrisburg, PA
UPMC York Endoscopy Center
York, PA



COURSE FACULTY

David B. Sarwer, PhD

Senior Associate Dean
for Research and Strategic Partnerships
Director, Center for
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Department of Social and Behavioral Sciences
College of Public Health
Temple University
Philadelphia, PA

Rohit Soans, MD

Associate Professor of Surgery
Lewis Katz School of Medicine
at Temple University
Medical Director, Bariatric Surgery,
Temple University Hospital
Philadelphia PA

Talar Tatarian, MD, FACS, FASMBS

Assistant Professor
Deputy Co-Chair for Clinical Research
Program Director, Advanced Gastrointestinal,
Minimally Invasive, and Bariatric
Surgery Fellowship
Co-Vice Chair for Quality
Enterprise Leader for
Bariatric Surgery Research
Thomas Jefferson University
Philadelphia, PA

Joshua Winder, MD

Assistant Professor of Surgery
Penn State
Hershey, PA

ADDITIONAL PLANNING COMMITTEE MEMBERS

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Wellspan
York, PA

Gabrielle Wagner, MSN

Nurse Practitioner
GI Surgery
Penn Medicine
Philadelphia, PA

*Planning Committee

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of products or devices within their presentations.



AGENDA

Friday, September 26, 2025

8 am – 4:00 pm

- 7:30 am – 8:00 am Registration and Breakfast
- 8:00 am – 8:10 am **Welcome & Objectives**
- Overview of the day
 - Brief introductions
- Maria Altieri, MD, MS*
- 8:10 am – 8:30 am **BARIATRIC SURGERY IN ADOLESCENTS: BREAKING THE MYTH**
- Growing data and changing guidelines
- Joy Collins, MD*
- 8:30 am – 8:50 am **WEIGHT LOSS MEDICATIONS:
CLINICAL TRIALS VS. REAL-WORLD EXPERIENCE**
- Maher El Chaar, MD, FACS, FASMBS and
Kate Boardman, MS, RD, CSOWM, LDN*
- 8:50 am – 9:10 am **THE ROLE OF ENDOSCOPIC PROCEDURES FOR WEIGHT LOSS**
- Joshua Winder, MD*
- 9:10 am – 9:40 am Coffee Break/Please Visit Exhibitors
- 9:40 am – 10:00 am **CREATING A COMPREHENSIVE BARIATRIC PROGRAM**
- George Eid, MD*
- 10:00 am – 10:20 am **PRE-OPERATIVE TECHNIQUES TO DELIVER INFORMATION EFFECTIVELY**
- Faiz Shariff, MD*
- 10:20 am – 10:40 am **IMPROVING LONG-TERM OUTCOMES: THE ROLE OF SUPPORT SYSTEMS**
- Babette Rudick, MSN, RN, CBN*
- 10:40 am – 11:00 am **NEW TECHNOLOGY IN BARIATRICS: MAGNETS, AI, AND BEYOND**
- Candice R. Chipman, MD*
- 11:00 am – 11:20 am **HIGH-RISK PATIENTS: PRE-OP OPTIMIZATION STRATEGIES**
- Rohit Soans, MD*
- 11:20 am – 11:40 am **REVISIONAL SURGERY: OPTIONS AND SPECIAL CONSIDERATIONS**
- Talar Tatarian, MD, FACS, FASMBS*
- 11:40 am – 1:00 pm Lunch



AGENDA

- 1:00 pm – 2:00 pm **KEYNOTE**
NAVIGATING ADVOCACY:
HOW CAN WE BEST ADVOCATE FOR OUR PATIENTS?
C. Joe Northup, MD, FACS, FASMBS
- 2:00 pm – 2:20 pm **CURRENT STATE OF METABOLIC AND BARIATRIC SURGERY**
Ann Rogers, MD
- 2:20 pm – 2:40 pm **PREGNANCY FOLLOWING BARIATRIC SURGERY:**
OUTCOMES & SAFETY
Megan Lundgren, MD
- 2:40 pm – 3:00 pm **PSYCHOSOCIAL SUPPORT & PRE-OP WEIGHT GAIN:**
MALADAPTIVE EATING VS. PROGRESSION OF DISEASE
David B. Sarwer, PhD
- 3:00 pm – 3:30 pm Coffee Break/Please Visit Exhibitors
- 3:30 pm – 4:00 pm **VIDEO SESSION**
Moderator: Maria Altieri, MD
- 4:00 pm Adjourn



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<https://upenn.cloud-cme.com/PAASMBS2025>

Questions? Contact us at:

penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) (Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address (☐ Affiliation or ☐ Home)

City State Zip

Phone Fax

E-mail

REGISTRATION FEES

(pre-payment is required to be officially registered)

REGISTRATION FEES

- ☐ Physicians and industry employees – \$125
- ☐ Nurse practitioners, nurses, physician assistants and other healthcare professionals – \$125
- ☐ Residents, fellows and students – \$125

PAYMENT METHOD

- If you are paying by check or credit card, please register online at
<https://upenn.cloud-cme.com/PAASMBS2025>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
Conference Manager
Office of Continuing Medical & Interprofessional Education
Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
3400 Civic Center Blvd, Bldg. 421, Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.