



Penn Medicine

Continuing Medical and
Interprofessional Education

The Division of Gastroenterology and Hepatology, Department of Medicine
and the IBD Center at the Perelman School of Medicine

Present

IN-PERSON AND VIRTUAL

14TH UNIVERSITY OF PENNSYLVANIA INFLAMMATORY BOWEL DISEASE SYMPOSIUM UPDATE AND FUTURE DIRECTIONS

CME/CNE-CERTIFIED CONFERENCE



FRIDAY-SATURDAY
NOVEMBER 7-8, 2025

IN-PERSON LOCATION:

Sofitel Philadelphia at Rittenhouse Square

120 South 17th Street

Philadelphia, PA 19103

FOR MORE INFORMATION AND TO REGISTER

<https://upenn.cloud-cme.com/IBD2025>

www.med.upenn.edu/gastro

In Conjunction with



PENN

Digestive & Liver Services

University of Pennsylvania Health System

Endorsed by





PROGRAM OVERVIEW & TARGET AUDIENCE

The *14th University of Pennsylvania Inflammatory Bowel Disease Symposium* will highlight the advances in the treatment of IBD.

Lectures by nationally and internationally recognized experts will be followed by interactive case presentations and panel discussions. A wide array of topics will be discussed including pharmacologic therapies and surgical interventions and optimal use of imaging and endoscopy. Participants will receive a comprehensive overview of the latest available research and clinical information on evaluation and management of patients with IBD.

This activity has been designed for gastroenterologists, gastrointestinal surgeons, gastroenterology fellows, internists, residents, physician assistants, nurse practitioners, clinical nurse specialists, dietitians, nutritionists and other health care professionals.

LEARNING OBJECTIVES

Upon completion of this activity, physicians and health care providers will be able to:

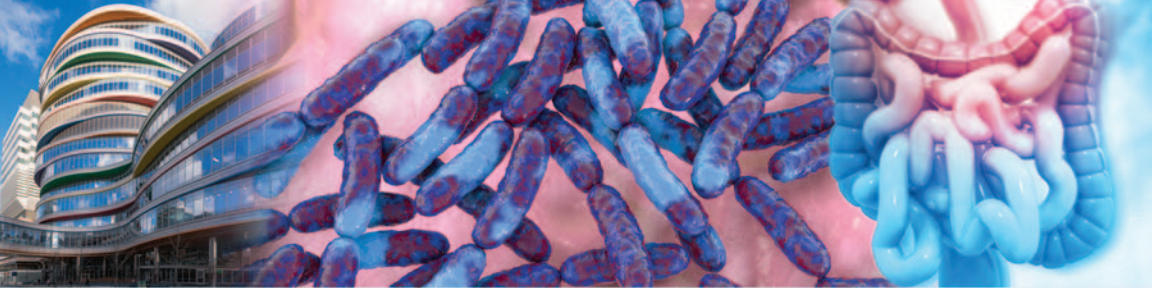
- Describe how to appropriately prescribe biologics and other targeted therapies for IBD
- Determine the proper utilization of biomarkers, endoscopy, and imaging to improve outcomes
- Discuss goals of treatment and how to use medication, surgery and ancillary strategies to achieve these goals
- Explain how to successfully manage complications of IBD such as perianal fistula, stricture, and abscess

HOSTING DEPARTMENT

The *14th Penn Inflammatory Bowel Disease Symposium* is hosted by the Division of Gastroenterology and Hepatology, Department of Medicine and the IBD Center at the University of Pennsylvania.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to participate this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than October 24, 2025, at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of 13.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



ABIM MOC: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.0 MOC points in the American Board of Internal Medicine's (ABIM)

Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award *AAPA Category 1 CME credit* for activities planned in accordance with AAPA CME Criteria. This activity is designated for 13.0 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

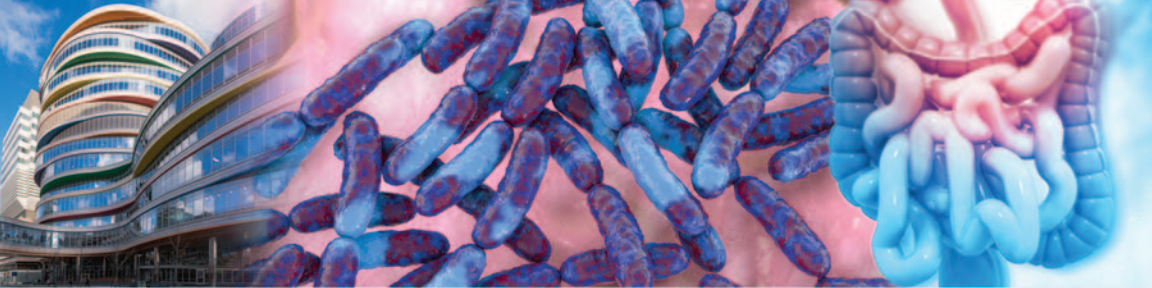
Nurses: This program provides 13.0 NCPD hours.

Credits Per Day

Friday: **8.0** Saturday: **5.0** **TOTAL: 13.0***

**Learners must attend both days to claim the maximum 13.0 credits.*

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.



LIVE (IN-PERSON) AND LIVE STREAMED PRESENTATION

The 14th Inflammatory Bowel Disease Symposium will be held Friday-Saturday, November 7-8, 2025 by in-person or live-stream (virtual) attendance. The live and virtual presentations will follow the scheduled agenda in real time (EST).

IN-PERSON MEETING LOCATION

Sofitel Philadelphia at Rittenhouse Square
120 S 17th St, Philadelphia, PA 19103
Paris Ballroom

Parking:

The Sofitel offers valet parking. Valet parking per day is \$42.88 and \$69.82 for overnight guests. Feel free to use an app, such as www.spothero.com to research other parking options within one block of the Sofitel.

Overnight Room Block Information:

A block of rooms has been reserved at the Sofitel for our attendees. The overnight room rate is \$259 per night, plus applicable taxes. [Click here](#) to make your overnight reservation.

Reservations must be made by October 16, 2025 to receive the room block rate.

Verified attendance includes access to view the presentations (videos and slides) online for one year. Pre-registration is required to attend. Walk-ins are discouraged. Please be sure to register in advance.

HOW TO REGISTER

Please register online at <https://upenn.cloud-cme.com/IBD2025>.

IN-PERSON AND VIRTUAL REGISTRATION FEES

The fees to attend are as follows: \$400 for physicians, \$500 for Industry attendees, \$125 for nurse practitioners, physician assistants and other healthcare professionals, and \$50 for residents, fellows and students. Penn Medicine Faculty and Staff may register at no charge. Penn Medicine staff must register using a Penn Medicine email address to receive the complimentary registration fee.

All preregistered in-person attendees will receive access to the symposium, the program handout, continental breakfast, lunch, and breaks. Attendees will be required to sign-in to be marked as attended, receive credit and view the recorded content.

Attendees registered to attend virtually will receive an email that includes the link to join the symposium and the electronic program handout within 48 hours of the symposium. Virtual attendees will be required to sign onto the Live Stream broadcast using their first name, last name and email address to be marked as attended, receive credit and view the recorded content.



Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register through UPenn Cloud CME. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received before November 5, 2025.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

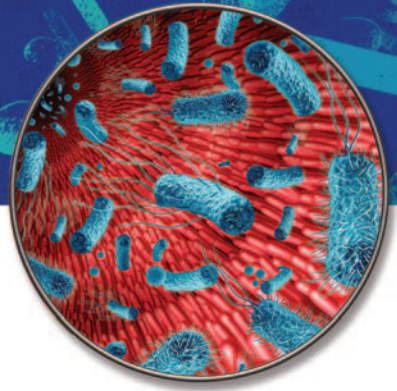
CANCELLATION POLICY

In order to process refunds for course withdrawals, cancellations must be received in writing by October 25, 2025 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

FACULTY

The following Course Directors & Faculty are from the Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA



SYMPOSIUM DIRECTORS

Faten N. Aberra, MD, MSCE

Associate Professor of Medicine

James D. Lewis, MD, MSCE

Professor of Medicine and Epidemiology
Vice-Chief for Research, Division of
Gastroenterology and Hepatology
Director of Gastroenterology at
Penn Presbyterian Medical Center

Gary R. Lichtenstein, MD

Professor of Medicine
Vice Chief, Division of Gastroenterology
and Hepatology
Development and Philanthropy
Director Emeritus, Center for IBD

FACULTY

Aaron Balinski, MD

Postdoctoral Fellow of Medicine
(Gastroenterology)

Shivali Berera, MD

Assistant Professor of Clinical Medicine

Meenakshi Bewtra, MD, PhD, MPH

Associate Professor of Medicine and Epidemiology
Senior Scholar, CCEB
Co-IBD Section Head and Research
and Education Program Director,
Penn Inflammatory Bowel Disease Program

Anna Buchner, MD, PhD

Associate Professor of Medicine

Nabeel Khan, MD

Professor of Clinical Medicine
Director of Gastroenterology
Philadelphia VA Medical Center

Maura Levandowski, MSN, AGACNP-BC*

Gastroenterology Clinical Coordinator
Penn Presbyterian Medical Center

Nicole Maloney Belle, MD, PhD

Assistant Professor of Medicine

Neilanjan Nandi, MD

Associate Professor of Clinical Medicine
Co-Section Head and Clinical Program Director,
Penn Inflammatory Bowel Diseases Program
Co-IBD Section Head and Clinical Program
Director, Penn Inflammatory Bowel
Disease Program

Erica Pettke, MD, MPH, FACS

Assistant Professor of Clinical Surgery
Associate Program Director
Colon and Rectal Surgery Fellowship
Associate Program Director
Medical Student Surgical Clerkship

Octavia Pickett-Blakely, MD, MHS

Professor of Clinical Medicine
Director, GI Nutrition, Celiac Sprue and
Obesity Program Associate

Farzana Rashid, MD

Professor of Clinical Medicine
Director of Penn Women's GI Health Program

Chung Sang Tse, MD

Assistant Professor of Clinical Medicine

Andrew T. Weber, MD

Assistant Professor of Clinical Medicine

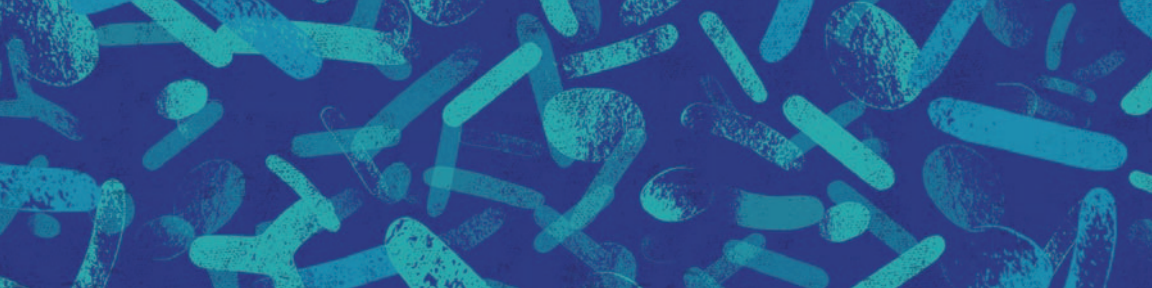
Alexandra H. Weiss, MD

Assistant Professor of Clinical Medicine

Gary D. Wu, MD

Ferdinand G. Weisbrod Professor
in Gastroenterology
Director, Penn Center for
Nutritional Science and Medicine
Co-Director, Penn-CHOP Microbiome Program
Vice-Chief for Research, Division of
Gastroenterology and Hepatology

*Nurse Planner



GUEST FACULTY

Ashwin Ananthakrishnan, MBBS, MPH

Associate Professor of Medicine
Director, Crohns and Colitis Center
Harvard Medical School
Massachusetts General Hospital
Boston, MA

Russell D. Cohen, MD

Professor of Medicine
Co-Director, Digestive Diseases Center
Clinical Director
Inflammatory Bowel Disease Center
Co-Director, Advanced IBD Fellowship Program
The University of Chicago Medicine
Chicago, IL

Stephen B. Hanauer, MD

Clifford Joseph Barborka Professor
Northwestern University
Feinberg School of Medicine
Chicago, IL

Aline J. Charabaty Pishvaian, MD

Associate Professor of Clinical Medicine
Clinical Director of Gastroenterology
Sibley Memorial Hospital and Director of
the Inflammatory Bowel Disease Center at
Sibley Memorial Hospital
Johns Hopkins Medicine
Baltimore, MD

Bo Shen, MD

Edelman-Jarislowsky Professor in
Surgical Sciences
Professor of Medicine
Director of the IBD Center
Co-Director, Global Center for
Integrated Colorectal Surgery and
IBD Interventional Endoscopy
Vice Chair for Innovation in Medicine
and Surgery
New York-Presbyterian / Columbia University
Irving Medical Center
New York, NY

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of products or devices within their presentations.



AGENDA | FRIDAY, NOVEMBER 7, 2025

7:15 AM – 8:00 AM **Registration & Continental Breakfast**

7:45 AM – 8:00 AM **Virtual Attendee Sign-in**
(Broadcast goes live at 8:00 am)

8:00 AM – 8:10 AM **Introduction**
Gary Lichtenstein, MD

SESSION 1 PATHOPHYSIOLOGY AND EPIDEMIOLOGY OF IBD

Moderator: James D. Lewis, MD, MSCE

8:10 AM – 8:30 AM **Clinical Relevance of Microbiome and Metabolome**
Gary D. Wu, MD

8:30 AM – 8:50 AM **Immune System Targets Relevant to IBD Therapeutics**
Nicole Maloney Belle, MD, PhD

8:50 AM – 9:10 AM **Environmental Exposures and Risk of IBD**
Ashwin Ananthakrishnan, MBBS, MPH

9:10 AM – 9:30 AM **Case Presentation: C. Diff, FMT/SIBO**
Maura Levandowski, MSN, AGACNP-BC
Panelists: Ashwin Ananthakrishnan, MBBS, MPH,
Nicole Maloney Belle, MD, PhD and Gary D. Wu, MD

9:30 AM – 9:50 AM **Panel Discussion**
Moderator: James D. Lewis, MD, MSCE
Session I Faculty

9:50 AM – 10:10 AM **Break**

SESSION II MEDICAL THERAPIES – PART 1

Moderator: Gary Lichtenstein, MD

10:10 AM – 10:30 AM **Indications and Optimal use of Mesalamine, Steroids and Immunomodulators**
Shivali Berera, MD

10:30 AM – 10:50 AM **Anti-TNFs and Biosimilars**
Andrew T. Weber, MD

10:50 AM – 11:10 AM **Antitrafficking Agents: Vedolizumab, Ozanimod, Etrasimod**
Neilanjan Nandi, MD, FACP, AGAF, FACP

11:10 AM – 11:30 AM **IL-23 Inhibitors in a New Era**
Gary Lichtenstein, MD

11:30 AM – 11:50 AM **JAK's be Nimble**
Meenakshi Bewtra, MD, PhD, MPH



11:50 AM – 12:10 PM **Role of Supplements and Complementary Therapy for IBD**
Ashwin Ananthakrishnan, MBBS, MPH

12:10 PM – 12:30 PM **Panel Discussion**
Moderator: Gary Lichtenstein, MD
Session II Faculty

12:30 PM – 1:20 PM Lunch

SESSION III UNIQUE CLINICAL SCENARIOS

Moderator: Faten N. Aberra, MD, MSCE

1:20 PM – 1:40 PM **Obesity and IBD**
Octavia Pickett-Blakely, MD, MHS

1:40 PM – 2:00 PM **Managing the Pregnant Patient with IBD**
Farzana Rashid, MD

2:00 PM – 2:20 PM **My Patient has Cancer, What Now?**
Aline J. Charabaty Pishvaian, MD

2:20 PM – 2:40 PM **Clinicians Guide to Persistent Diarrhea, Urgency,
Incontinence and Fatigue in IBD**
Russell D. Cohen, MD

2:40 PM – 3:00 PM **Case Presentation: IBD with Anemia**
Andrew T. Weber, MD
*Panelists: Octavia Pickett-Blakely, MD, MHS, Farzana Rashid, MD,
Aline J. Charabaty Pishvaian, MD, and Russell D. Cohen, MD*

3:00 PM – 3:20 PM **Panel Discussion**
Moderator: Faten N. Aberra, MD, MSCE
Session III Faculty

3:20 PM – 3:40 PM Break

SESSION IV MEDICAL THERAPIES – PART 2

Moderator: Neilanjan Nandi, MD

3:40 PM – 4:00 PM **Current and Future Use of Combination Therapies**
Faten N. Aberra, MD, MSCE

4:00 PM – 4:20 PM **Comparative Effectiveness of Current Therapies for IBD**
James D. Lewis, MD, MSCE

4:20 PM – 4:40 PM **Mild Crohn's Disease**
Alexandra H. Weiss, MD

4:40 PM – 5:00 PM **Acute Severe UC**
Nabeel Khan, MD

5:00 PM – 5:20 PM **Panel Discussion**
Moderator: Neilanjan Nandi, MD
Session IV Faculty

5:20 PM Closing Comments & Adjourn



AGENDA | SATURDAY, NOVEMBER 8, 2025

7:30 AM – 8:00 AM **Registration & Continental Breakfast**

7:45 AM – 8:00 AM **Virtual Attendee Sign-in**
(Broadcast goes live at 8:00 AM)

8:00 AM – 8:10 AM **Day Two Welcome Remarks**
James D. Lewis, MD, MSCE

SESSION V **INTERDISCIPLINARY IBD CARE**

Moderator: Meenakshi Bewtra, MD, PhD, MPH

8:10 AM – 8:30 AM **Dysplasia Guidelines and Management of Visible Polypoid and Non-Polypoid Dysplastic Lesions**
Anna Buchner, MD, PhD

8:30 AM – 8:50 AM **Management of Perianal Crohn's**
Aline J. Charabaty Pishvaian, MD

8:50 AM – 9:10 AM **Update on IBD Surgery**
Erica Pettke, MD, MPH, FACS

9:10 AM – 9:30 AM **Peri and Post-Operative Management of Crohn's Disease**
Bo Shen, MD

9:30 AM – 9:50 AM **Management of Pouch-related Disorders**
Bo Shen, MD

9:50 AM – 10:10 AM **Case Presentation: Crohn's with Intra-abdominal Abscess**
Aaron Balinski, MD

10:10 AM – 10:30 AM **Panel Discussion**
Moderator: Meenakshi Bewtra, MD, PhD, MPH
Session V Faculty

10:30 AM – 10:50 AM Break

SESSION VI **IBD OF THE FUTURE-DIAGNOSTICS AND TREATMENTS**

Moderator: Gary R. Lichtenstein, MD

10:50 AM – 11:10 AM **Colonoscopy, CTE, MRE or Intestinal US – When and for Whom?**
Russell D. Cohen, MD

11:10 AM – 11:30 AM **Evolution of Therapeutic Drug Monitoring and Biomarkers**
Chung Sang Tse, MD

11:30 AM – 11:50 AM **What do I do When Everything Seems to Have Failed?**
Stephen B. Hanauer, MD

11:50 AM – 12:10 PM **What to Expect in the Next Decade of IBD Care**
Stephen B. Hanauer, MD



- 12:10 PM – 12:30 PM **Case Presentation: Potpourri of Challenging Clinical Decisions**
Faten N. Aberra, MD, MSCE
Panelists: Russell D. Cohen, MD and Stephen B. Hanauer, MD
- 12:30 PM – 12:50 PM **Panel Discussion**
Moderator: Gary R. Lichtenstein, MD
Session VI Faculty
- 12:50 PM – 1:00 PM **Closing Comments**
Gary R. Lichtenstein, MD
- 1:00 PM Adjourn

IN-PERSON AND VIRTUAL

14TH UNIVERSITY OF PENNSYLVANIA
INFLAMMATORY BOWEL DISEASE SYMPOSIUM
UPDATE AND FUTURE DIRECTIONS

FRIDAY-SATURDAY
NOVEMBER 7-8, 2025

We strongly encourage you to register for this conference online by check or credit card at
<https://upenn.cloud-cme.com/IBD2025>

Questions? Contact us at:

penncme@penmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note: we are unable to accept faxed registration forms.

Please print or type

Name (First) _____ (Last) _____

Academic Degree _____

Medical Specialty _____

Affiliation (Hospital, Office, or Company) _____

Address (Affiliation or Home) _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail _____

REGISTRATION FEES

(pre-payment is required to be officially registered)

IN-PERSON AND VIRTUAL ATTENDANCE:

- \$400 – physicians
- \$500 – Industry attendees
- \$125 – nurse practitioners, physician assistants and other healthcare professionals
- \$50 – residents, fellows and students.

PAYMENT METHOD

- If you are paying by check or credit card, please register online at
<https://upenn.cloud-cme.com/IBD2025>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
Conference Manager
Office of Continuing Medical & Interprofessional Education
Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
3400 Civic Center Blvd, Bldg. 421
Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.