



Penn Medicine
Continuing Medical and
Interprofessional Education

IN-PERSON

NEUROLOGY FOR THE NON-NEUROLOGIST 2026

CME/CE-ACCREDITED SYMPOSIUM

OCTOBER 16-17, 2026

FRIDAY: 1:30 PM - 5:30 PM

SATURDAY: 8:00 AM - 4:40 PM

Arthur H. Rubenstein Auditorium at the
Smilow Center for Translational Research
3400 Civic Center Blvd.
Philadelphia, PA 19104



COURSE DIRECTORS

Sashank Prasad, MD

Professor of Clinical Neurology

Grace Kimbaris, MD

Associate Professor of Clinical Neurology

<https://upenn.cloud-cme.com/nonneurologist2026>



PROGRAM OVERVIEW & TARGET AUDIENCE

Neurological disorders are common, diverse, and often complex, posing diagnostic and management challenges in primary care. With an aging population and rising prevalence of neurological conditions, it is vital for all healthcare team members – including physicians, physician assistants, and nurse practitioners – to confidently recognize and manage these disorders. The nationwide shortage of neurologists further underscores the crucial role of primary care teams as the first, and sometimes only, neurological care providers for many patients.

Neurology is rapidly evolving with new diagnostic tools and treatments emerging. This high-yield 1.5-day course empowers primary care teams to confidently identify neurological conditions and apply practical management strategies in clinical practice.

This CME course is geared to clinicians, nurse practitioners, physician assistants, nurses and other healthcare professionals caring for patients with common neurological conditions seen in primary care. A wide range of diseases will be covered, emphasizing practical guidance on initial management, updates on diagnosis and treatment strategies, and guidance on when and why to refer. Regular Q&A sessions and breaks during the course encourage reflection, review, and interactive discussion.

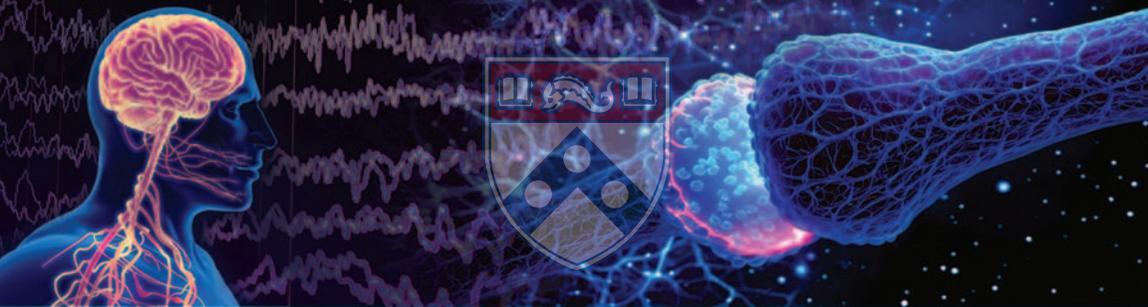
LEARNING OBJECTIVES

Upon conclusion of this educational activity, the participant will be better able to:

- Develop a systematic approach to evaluating patients presenting with neurological symptoms such as weakness and gait abnormalities.
- Identify appropriate indications and timing for referral to neurology specialists.
- Review commonly prescribed medications for conditions such as epilepsy and headache.
- Recognize evidence-based interventions for acute stroke care as well as non-acute stroke and post-stroke care.
- Improve diagnostic and management approach to patients with common conditions such as dizziness, concussion, and spine-related conditions.
- Assess and address cognitive decline and dementia in clinical practice.
- Recognize common disorders of the peripheral nervous system and apply appropriate management.
- Review how to manage multiple sclerosis symptoms relevant to primary care.
- Describe key features and management principles of functional neurological disorders.

HOSTING DEPARTMENT

Neurology for the Non-Neurologist 2026 is hosted by the Department of Neurology at the University of Pennsylvania.



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 11.5 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

Nurses: This program provides 11.5 NCPD hours.

Credits by Day: Day One: 4.25 • Day Two: 7.25 • Total: 11.5

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with instructions and a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on your transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.

LIVE PRESENTATIONS

Neurology for the Non-Neurologist will be held Friday-Saturday, October 16-17, 2026 by in-person attendance. The live presentations will follow the scheduled agenda in real time (EDT).

IN PERSON MEETING LOCATION

Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research
3400 Civic Center Blvd., Philadelphia, PA 19104

Directions to Perelman Center for Advanced Medicine/Smilow Center for Translational Research:

The Arthur H. Rubenstein Auditorium at the Smilow Center for Translational Research is located on floor 1 of the Perelman Center for Academic Medicine, 3400 Civic Center Blvd., Philadelphia, PA. If you prefer, take public transportation to and from campus, please visit <http://www.upenn.edu/services/transportation> for options.

Parking: Friday: You may park at the 3600 Civic Center Parking Garage. Parking is \$20 per day.

Saturday: You may park at the Penn Museum Parking Garage, 3220 South Street, Philadelphia, PA. Parking is \$21. Parking fees are not validated or reimbursed.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than October 2, 2026 at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania values diversity and seeks talented students, faculty, and staff from diverse backgrounds. The University of Pennsylvania does not discriminate on the basis of race, sex, sexual orientation, gender identity, religion, color, national or ethnic origin, age, disability, or status as a Vietnam Era Veteran or disabled veteran in the administration of educational policies, programs or activities; admissions policies; scholarship and loan awards; athletic, or other University administered programs or employment. Questions or complaints regarding this policy should be directed to Executive Director, Office of Affirmative Action and Equal Opportunity Programs, 3600 Chestnut Street, Sansom Place East Suite 228, Philadelphia, PA 19104-6106 or 215-898-6993 (Voice) or 215-898-7803 (TDD). www.upenn.edu/affirm-action.



REGISTRATION FEES

Please register online at

<https://upenn.cloud-cme.com/NonNeurologist2026>.

Registration Fees

The fees to attend in-person are as follows: \$199 for Physicians/Industry attendees, \$125 for Nurse Practitioners, Physician Assistants, Nurses and Healthcare Professionals, and \$99 for Residents, Fellows, and Students.

Penn Medicine Employees, Faculty and Staff can register at the following rates: \$179 for Physicians, \$99 for Nurse Practitioners, Physician Assistants, Nurses and Healthcare Professionals, and \$75 for Residents, Fellows, and Students. You must register using a valid Penn Medicine email address to receive the discounted rates intended for Penn Medicine attendees.

All pre-registered attendees will receive access to the conference, attendee booklet, continental breakfast, lunch and refreshments during breaks. Registration also includes access to view the presentations online for one year. Please be sure to register in advance.

Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than October 14, 2026.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

CANCELLATION POLICY

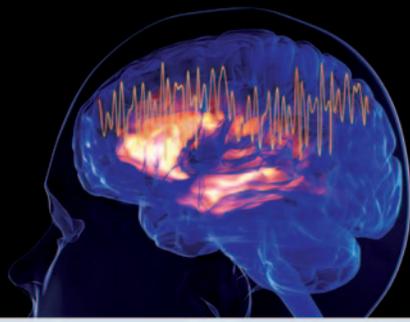
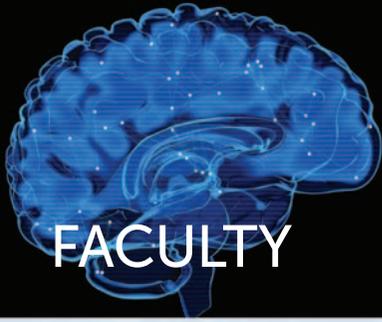
In order to process refunds for course withdrawals, cancellations must be received in writing by October 2, 2026 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

Overnight Accommodation within Walking Distance:

The Study at University City Hotel
20 South 33rd Street
Philadelphia, PA 19104
215-387-1400

There is no room block or discounted rate available and rooms are subject to availability.



Unless otherwise indicated, the course director and faculty hold academic and/or clinical titles at the University of Pennsylvania Hospital and Perelman School of Medicine

COURSE DIRECTORS

Grace Kimbaris, MD

Associate Professor of Clinical Neurology
Director, Penn Pennsylvania Hospital EMG
Pennsylvania Hospital

Sashank Prasad, MD

Professor of Clinical Neurology
and Ophthalmology
Chief, Neurology
Penn Presbyterian Medical Center

FACULTY

Whitley Aamodt, MD

Assistant Professor of Neurology
Pennsylvania Hospital

Lindsay J. Agostinelli, MD, PhD

Assistant Professor of Clinical Neurology

Kelly Boylan, MD

Assistant Professor of Neurology

Nabela Enam, MD

Assistant Professor of Clinical Physical
Medicine and Rehabilitation
Physical Medicine and Rehabilitation

Christopher Favilla, MD

Associate Professor of Neurology

Erin E. Ingala, MD

Neurologist
Penn Neurology Cherry Hill

Kyra O'Brien, MD

Assistant Professor of Neurology

Raymond Price, MD

Professor of Clinical Neurology
Pennsylvania Hospital

Amy Pruitt, MD

William N. Kelley Professor of Neurology
Vice Chair for Education, Neurology
Division Chief, General Neurology

Brittany Mays, MD

Assistant Professor of Clinical Neurology

Patricia Salley, PA-C*

Physician Assistant

Rohini Samudralwar, MD

Associate Professor of Clinical Neurology
Co-Director, Multiple Sclerosis and Related
Disorders Fellowship

Rachel Seligman, CRNP*

Nurse Practitioner, Neurology
Pennsylvania Hospital

Genna Waldman, MD

Assistant Professor in Neurology
Medical Director, Epilepsy Monitoring Unit
Pennsylvania Hospital

*Planning Committee (in addition to the course directors)

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products or devices within their presentations.



AGENDA

FRIDAY, OCTOBER 16, 2026 | 1:00 PM to 5:30 PM

- 1:00 PM – 1:30 PM Sign-in
- 1:30 PM – 1:45 PM **Introduction**
Grace Kimbaris, MD and Sashank Prasad, MD
- 1:45 PM – 2:15 PM **Neuroanatomy Overview**
Sashank Prasad, MD
- 2:15 PM – 2:45 PM **Neurological Exam: Demo**
Grace Kimbaris, MD
- 2:45 PM – 3:15 PM **Approach to Cognitive/Mental Status**
Sashank Prasad, MD
- 3:15 PM – 3:30 PM Break
- 3:30 PM – 4:00 PM **Approach to Weakness**
Amy Pruitt, MD
- 4:00 PM – 4:30 PM **Approach to Gait**
Amy Pruitt, MD
- 4:30 PM – 5:00 PM **Emergencies/When to Send to the ER**
Raymond Price, MD
- 5:00 PM – 5:30 PM **When to Refer to Neurology**
Raymond Price, MD
- 5:30 PM Adjourn

SATURDAY, OCTOBER 17, 2026 | 8:00 AM to 4:40 PM

- 7:30 AM – 8:00 AM Sign-in and Continental Breakfast
- 8:00 AM – 8:10 AM **Quick Review & Introduction**
Grace Kimbaris, MD and Sashank Prasad, MD
- 8:10 AM – 8:30 AM **Approach to First-time Seizure; Workup, Safety, Driving**
Genna Waldman, MD
- 8:30 AM – 8:55 AM **Epilepsy Medications – Overview for the Primary Care Provider**
Genna Waldman, MD
- 8:55 AM – 9:15 AM **Acute Stroke Case: Changes in Thrombectomy; Diagnostic Approach**
Christopher Favilla, MD
- 9:15 AM – 9:40 AM **Non-acute Stroke Case: Diagnostic Approach, Incidental Imaging; Stroke Recovery/Secondary Prevention**
Christopher Favilla, MD
- 9:40 AM – 10:00 AM **Multiple Sclerosis: Basics, Medication Updates**
Rohini Samudralwar, MD
- 10:00 AM – 10:10 AM **Question & Answer Session**
- 10:00 AM – 10:20 AM Break



AGENDA

SATURDAY, OCTOBER 17, 2026 *continued*

- 10:20 AM – 10:45 AM **Concussion, Traumatic Brain Injury (TBI)**
Nabela Enam, MD
- 10:45 AM – 11:10 AM **Update on Medications for Headache**
Rachel Seligman, CRNP
- 11:10 AM – 11:35 AM **Types of Headaches; Secondary Work-up/When to Worry**
Brittany Mays, MD
- 11:35 AM – 11:55 AM **Dizziness**
Lindsay J. Agostinelli, MD, PhD
- 11:55 AM – 12:15 PM **Neuro-ophthalmology Review with Cases**
Sashank Prasad, MD
- 12:15 PM – 12:25 PM **Question & Answer Session**
- 12:25 PM – 1:15 PM Lunch
- 1:15 PM – 1:40 PM **Parkinson's Disease (including medications and other interventions)**
Whitley Aamodt, MD
- 1:40 PM – 2:00 PM **Cognitive Decline: Workup, Diagnostic Tools**
Kyra O'Brien, MD
- 2:00 PM – 2:25 PM **Updates in Alzheimer's Dementia**
Kyra O'Brien, MD
- 2:25 PM – 2:45 PM **Functional Neurological Disorders**
Kelly Boylan, MD
- 2:45 PM – 2:55 PM **Question & Answer Session**
- 2:55 PM – 3:05 PM Break
- 3:05 PM – 3:25 PM **Neuropathy and Common Entrapment Neuropathies (including NCS/EMG overview)**
Grace Kimbaris, MD
- 3:25 PM – 3:50 PM **Myopathy/Neuromuscular Junction Disorders**
Grace Kimbaris, MD
- 3:50 PM – 4:10 PM **Spine (back pain, radiculopathy, red flags)**
Erin E. Ingala, MD
- 4:10 PM – 4:30 PM **Neurological Manifestations of Medical Illness**
Amy Pruitt, MD
- 4:30 PM – 4:40 PM **Question & Answer Session**
- 4:40 PM **Closing Remarks/Adjourn**

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We strongly encourage you to register for this conference online by check or credit card at <https://upenn.cloud-cme.com/nonneurologist2026>

Questions? Contact us at:

penncme@pennteam.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) _____ (Last) _____

Academic Degree _____

Medical Specialty _____

Affiliation (Hospital, Office, or Company) _____

Address (Affiliation or Home) _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail _____

REGISTRATION FEES

(pre-payment is required to be officially registered)

- Physicians/Industry attendees – \$199
- Nurse Practitioners, Physician Assistants, Nurses and Healthcare Professionals – \$125
- Residents, Fellows, and Students \$99

Penn Medicine Employees, Faculty and Staff

- Physicians – \$179
- Nurse Practitioners, Physician Assistants, Nurses and Healthcare Professionals – \$99
- Residents, Fellows, and Students – \$75

You must register using a valid Penn Medicine email address to receive the discounted rates intended for Penn Medicine attendees.

PAYMENT METHOD

- If you are paying by check or credit card, please register online at <https://upenn.cloud-cme.com/fornonneurologist2026>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
 Conference Manager
 Office of Continuing Medical & Interprofessional Education
 Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
 3400 Civic Center Blvd, Bldg. 421
 Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.