

Pennsylvania Chapter of ASMBS 2026 Meeting:

Addressing Weight Loss in a Multidisciplinary Approach



CME/CE-ACCREDITED CONFERENCE

Friday, October 30, 2026

Registration | 7:30 am – 8:00 am

Scientific Program | 8:00 am – 4:00 pm

The Alloy King of Prussia
301 West Dekalb Pike
King of Prussia, PA 19406

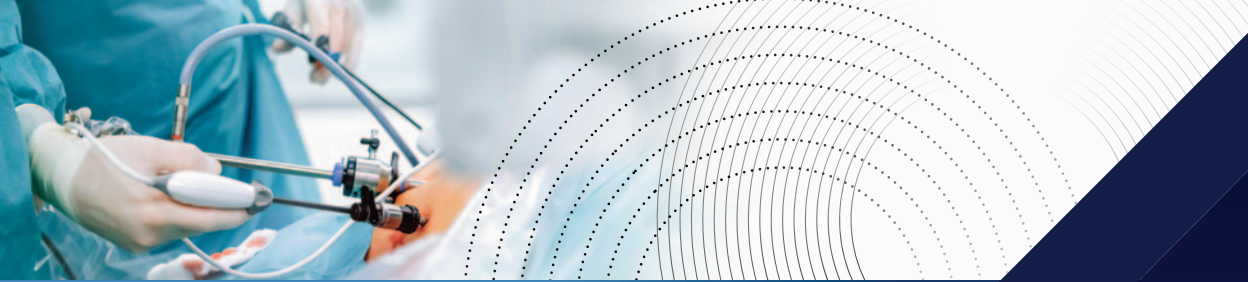
IN CONJUNCTION WITH



PENNSYLVANIA STATE CHAPTER
American Society for Metabolic & Bariatric Surgery

Register online:

<https://upenn.cloud-cme.com/PAASMBS2026>



PROGRAM OVERVIEW

Supported by the Pennsylvania Chapter of the American Society for Metabolic and Bariatric Surgery, this symposium will include recent initiatives in weight loss, specifically highlighting research and care in Pennsylvania. Presentations will include recent surgical innovations, pharmacotherapy initiatives, and allied health supporting care of the patient undergoing bariatric surgery.

TARGET AUDIENCE

This activity has been designed for bariatric surgeons, gastroenterologists, dieticians, nutritionists, nurse practitioners, physician assistants and other healthcare professionals who treat bariatric surgery candidates.

LEARNING OBJECTIVES

At the conclusion of this educational activity, the participant should be able to:

- Review current guidelines for bariatric surgery care
- Describe psychological considerations of bariatric surgery care
- Assess pharmacotherapy needs of bariatric surgery patients
- Explore gaps in current evidence base for optimal bariatric surgery care

HOSTING DEPARTMENT

The Pennsylvania Chapter of ASMBS 2026 Meeting: Addressing Weight Loss in a Multidisciplinary Approach is hosted by the GI Surgery Division at Penn Medicine Pennsylvania Hospital.

IN-PERSON OR VIRTUAL ATTENDANCE

The Pennsylvania Chapter of ASMBS 2026 Meeting: Addressing Weight Loss in a Multidisciplinary Approach will be held Friday, October 30, 2026 by in-person or virtual attendance. The live presentations will follow the scheduled agenda in real time (EST).

MEETING LOCATION

The Alloy King of Prussia • 301 West Dekalb Pike, King of Prussia, PA 19406

Parking: Complimentary parking is available at the Alloy King of Prussia.

SERVICES FOR THE DISABLED If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical and Interprofessional Education no later than October 16, 2026, at 215-898-6400.

NONDISCRIMINATION STATEMENT The University of Pennsylvania seeks talented students, faculty, and staff with a wide variety of backgrounds, experiences, and perspectives. The University of Pennsylvania does not discriminate on the basis of race, color, sex, sexual orientation, religion, creed, national origin (including shared ancestry or ethnic characteristics), citizenship status, age, disability, veteran status or any other class protected under applicable federal, state, or local law in the administration of its admissions, financial aid, educational or athletic programs, or other University-administered programs or in its employment practices. Questions or complaints regarding this policy should be directed to: The Executive Director of the Office of Equal Opportunity Programs, Franklin Building, Suite 421, 3451 Walnut Street, Philadelphia, PA 19104-6205, (215) 898-6993. <https://oeop.upenn.edu/>



ACCREDITATION



In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

DESIGNATION OF CREDIT

Physicians: Penn Medicine designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABS MOC: Successful completion of the CME activity, which includes participation in the evaluation component, enables the learner to earn 5.5 credits toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

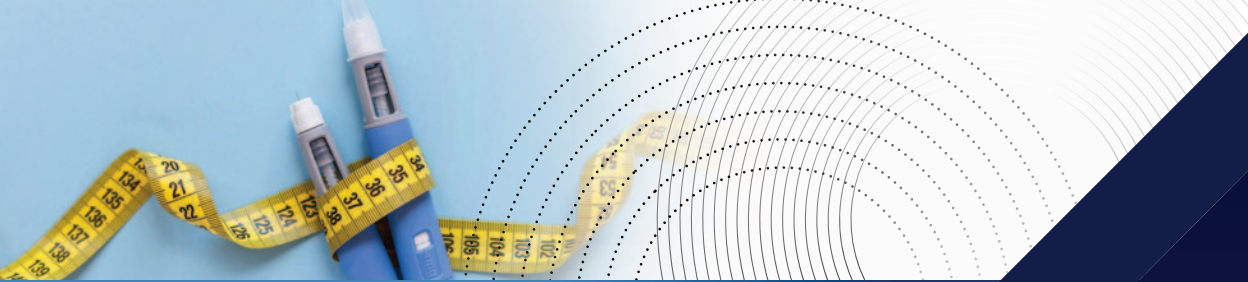
Registered Dietitians: An application has been submitted for approval.

Nurses: This program provides 5.5 *NCPD hours*.

Physician Assistants: Penn Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 5.5 *AAPA Category 1 CME credits*. PAs should only claim credit commensurate with the extent of their participation.

Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity awards up to 5.5 credits for Psychologists.

Certificates and Transcripts: After the conference has concluded, all participants will receive a follow-up email with a link with instructions on how to claim their credit. Once participants submit the request for credit, the earned credits will be available for viewing on a transcript or available for printing at <https://upenn.cloud-cme.com>. Please note that the individual certificate will not be mailed.



REGISTRATION FEES

Please register online at

<https://upenn.cloud-cme.com/PAASMBS2026>

The fee to attend is \$125 for all attendees.

Verified attendance includes access to view the presentations (videos and slides) online for one year. Pre-registration is required to attend. Walk-ins are discouraged. Please be sure to register in advance.

In-Person Attendance: All preregistered in-person attendees will receive access to the meeting, the program handout, continental breakfast, lunch, and breaks. Attendees will be required to sign-in to be marked as attended, receive credit and view the recorded content.

Virtual Attendance: Attendees registered to attend virtually will receive an email that includes the link to join the symposium and the electronic program handout within 48 hours of the symposium. Virtual attendees will be required to sign onto the Live Stream broadcast using their first name, last name and email address to be marked as attended, receive credit and view the recorded content.

How to Register Online: You must be signed into your UPenn Cloud CME profile to register for this activity. If you do not already have a UPenn Cloud CME profile, you will need to create one by visiting: <https://upenn.cloud-cme.com> and entering your email address once selecting the "Don't have an account?" option. Please be sure you do not already have an existing UPenn Cloud CME account before creating a new profile. All Penn Medicine employees, faculty and staff must sign-in using a valid Penn Medicine email address (your Pennkey and password).

Need to Register by Mail?

Please note: mailed registrations may take more than 5-10 business days before they are received because we continue to experience longer delays in receiving mail. We encourage all attendees to register online. See the registration form for mailing instructions. All registrations will be confirmed by email as long as your registration is received no later than October 16, 2026.

BE SURE TO CHECK YOUR SPAM BOX FOR EMAILS REGARDING THIS CONFERENCE.

CANCELLATION POLICY

In order to process refunds for course withdrawals, cancellations must be received in writing by October 16, 2026 (subject to a service charge equivalent to 10% of the registration fee, but no less than \$25.00). No refunds will be issued thereafter.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.



COURSE FACULTY

DIRECTOR

Maria S. Altieri, MD, MS*

Assistant Professor of Clinical Surgery
Section Chief, GI Surgery
Penn Medicine Pennsylvania Hospital
Philadelphia, PA

GUEST SPEAKER

Adrian Dan, MD, FACS, FASMBS

Surgeon
Summa Health Medical Group –
Advanced Laparoscopic Surgery
Medical Director
Summa Health Weight Management Institute
Akron, OH

COURSE FACULTY

Maneesh Ailawadi, MD, FSSO

Director of Bariatric Surgery
Lehigh Valley Weight Loss
Allentown, PA

George Cattell Jr. MS, PES

Exercise Physiologist
Penn Medicine Lancaster General Health
Lancaster, PA

Paul B. Cesanek, MD

General & Bariatric Surgeon
Lehigh Valley Health Network
Allentown, PA

Candice R. Chipman, MD

General and Bariatric Surgeon
Abington Hospital Jefferson Health
Abington, PA

Maher El Chaar, MD, FACS, FASMBS

Network Director, Robotic Surgery
and Innovation
Fellowship Director, Bariatric and
Foregut Surgery
Clinical professor-Adjunct
Bariatric and Minimally Invasive Surgery
The Medical School of Temple University/
St Luke's and Health Network
Allentown, PA

Cindy Hipszner, MSN*

MBS Coordinator
Penn State Health
State College, PA

Ryan D. Horsley, DO

Bariatric Surgeon
Geisinger Health System
Scranton, PA

Jamie L. Rodriguez, PsyD

Licensed Clinical Psychologist
Assessment & Therapy Associates
Philadelphia, PA

Faiz Shariff, MD*

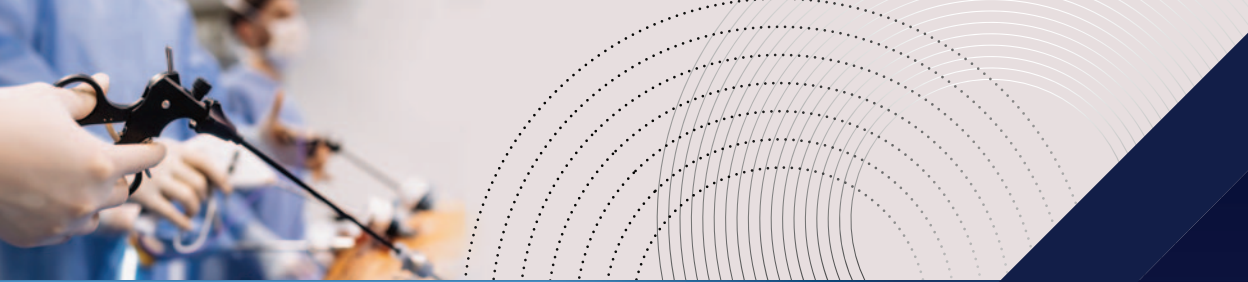
Director of Robotic Surgery
Wellspan
York, PA

Catherine E. Sharoky, MD, MSCE, FACS

Assistant Professor of Surgery
Penn Medicine Presbyterian Medical Center
Philadelphia, PA

Sarah E. Smith, RD

Registered Dietician
Mainline Health
Bryn Mawr, PA



COURSE FACULTY

Talar Tatarian, MD, FACS, FASMB

Assistant Professor
Deputy Co-Chair for Clinical Research
Program Director, Advanced Gastrointestinal,
Minimally Invasive, and Bariatric
Surgery Fellowship
Co-Vice Chair for Quality
Enterprise Leader for Bariatric Surgery Research
Thomas Jefferson University
Philadelphia, PA

Joshua Winder, MD

Assistant Professor of Surgery
Penn State
Hershey, PA

ADDITIONAL PLANNING COMMITTEE MEMBERS

Kelly C. Allison, PhD

Professor of Psychiatry
Director, Center for Weight and
Eating Disorders
Penn Medicine
Philadelphia, PA

John Fam, MD

Assistant Professor of Surgery
Tower Health
Reading, PA

Michael Fejka III, PA-C

Physician Assistant
Colon and Rectal Surgery
Penn Medicine
Philadelphia, PA

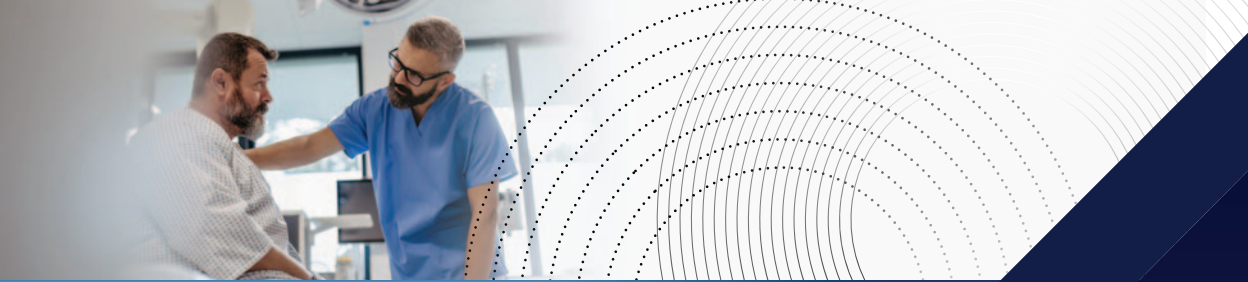
Mackenzie McCune, MS, RDN, LDN

Bariatric Dietitian
Penn Medicine
Philadelphia, PA

*Planning Committee

DISCLOSURES

Penn Medicine, Office of Continuing Medical and Interprofessional Education, adheres to the *ACCME Standards for Integrity and Independence in Accredited Continuing Education*. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of products or devices within their presentations.



AGENDA

Friday, October 30, 2026

8 am – 4:00 pm

BALLROOM B/C

- 7:30 am – 8:00 am In-Person Registration and Breakfast
- 7:45 am – 8:00 am Virtual attendee sign-in to live-stream platform
- 8:00 am – 8:10 am **Welcome**
Maria Altieri, MD, MS

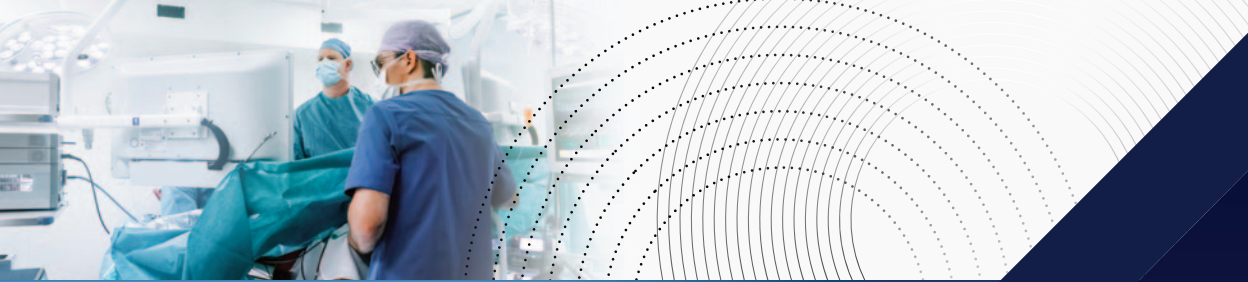
MORNING SESSION I | STATE OF THE FIELD

- 8:10 am – 9:00 am **KEYNOTE**
WHO OWNS THE FUTURE OF METABOLIC HEALTH ?
Adrian Dan, MD
- 9:00 am – 9:20 am **MEDICATIONS: WHAT IS UP & COMING?**
Ryan Horsey, DO
- 9:20 am – 9:40 am **GLP-1S AND BARIATRIC SURGERY: A SYNERGISTIC APPROACH**
Maher El Chaar, MD, FACS, FASMBS
- 9:40 am – 10:00 am Coffee Break/Please Visit Exhibitors

MORNING SESSION II | CLINICAL & NUTRITIONAL SCIENCE

- 10:00 am – 10:20 am **FOOD ADDICTION AND FOOD NOISE – IS IT REAL?**
Jamie L. Rodriguez, PsyD
- 10:20 am – 10:40 am **NUTRITION OPTIMIZATION FOR BODY COMPOSITION DURING RAPID WEIGHT LOSS – IS 60G PROTEIN ACTUALLY ENOUGH?**
Sarah E. Smith, RD
- 10:40 am – 11:00 am **THE AGING BARIATRIC POPULATION – UNIQUE CONSIDERATIONS**
Talar Tatarian, MD, FACS, FASMBS
- 11:00 am – 11:20 am **CHOOSING THE RIGHT REVISIONAL PROCEDURE**
Maneesh Ailawadi, MD, FSSO
- 11:20 am – 11:40 am **SAME-DAY BARIATRIC SURGERY: BOLD MOVE OR BEST PRACTICE?**
Candice R. Chipman, MD
- 11:40 am – 12:00 pm **BUILDING A BARIATRIC ENDOSCOPY PROGRAM: FROM CONCEPT TO CLINICAL PRACTICE**
Joshua Winder, MD
- 12:00 pm – 1:00 pm Lunch

Each presentation will dedicate 5 minutes at the end of each talk for Q&A.



AGENDA

AFTERNOON SESSION I | INNOVATION & OPERATIONS

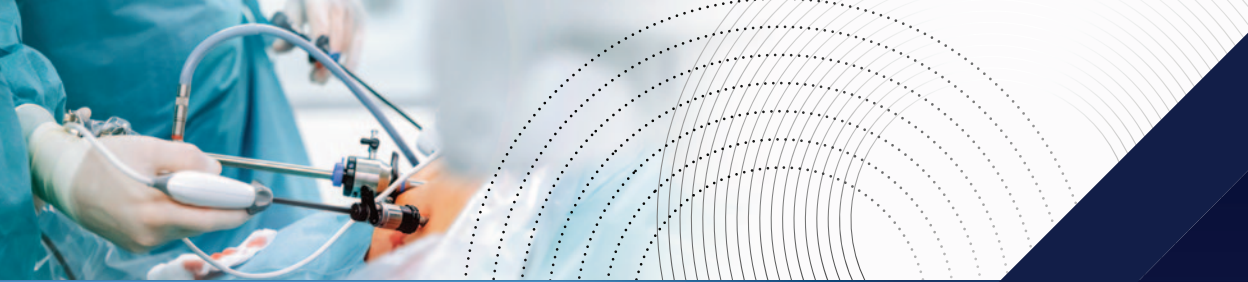
- 1:00 pm – 1:20 pm **METABOLIC SURGERY 2040:
AI, ROBOTICS TELESURGERY, AND DISRUPTIVE INNOVATION**
Paul B. Cesanek, MD
- 1:20 pm – 1:40 pm **MOVING BEYOND THE SCALE: EXERCISE RECOMMENDATIONS
BEFORE AND AFTER BARIATRIC SURGERY**
TBD
- 1:40 pm – 2:00 pm **ACUTE CARE SURGERY MEETS BARIATRIC SURGERY —
MANAGING THE POST-OP PATIENT IN CRISIS**
Catherine E. Sharoky, MD, MSCE, FACS
- 2:00 pm – 2:20 pm **NAVIGATING PRIOR AUTHORIZATION AS A TEAM —
TIPS, SCRIPTS & ESCALATION PATHS**
Cindy Hipszer, MSN
- 2:20 pm – 2:40 pm Coffee Break/Please Visit Exhibitors

AFTERNOON SESSION II | DEBATE & VIDEO SESSION

- 2:40 pm – 3:10 pm **PATIENT DISCUSSIONS: AOMS, ENDOSCOPY, AND SURGERY STORIES**
Candice Chipman, MD, Adrian Dan, MD, and Faiz Shariff, MD
- 3:10 pm – 3:30 pm **DISASTER VIDEO SESSION: OPEN SUBMISSIONS FROM ASMBS MEMBERS***
Moderator: Maria Altieri, MD, MS
- 3:30 pm – 4:00 pm **BUSINESS MEETING, CHAPTER UPDATES & AWARDS**
Moderator: Faiz Shariff, MD
- 4:00 pm Adjourn

***Attention ASMBS Members:** Send an email to pennncme@pennmedicine.upenn.edu for a link to upload your video. Video submissions must be received by **Monday, October 26, 2026**.

Each presentation will dedicate 5 minutes at the end of each talk for Q&A.



REGISTRATION

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<https://upenn.cloud-cme.com/PAASMBS2026>

Questions? Contact us at:

penncme@pennmedicine.upenn.edu • Phone: 215-898-6400 or 215-898-8005

Please note we are unable to accept faxed registration forms.

Please print or type

Name (First) (Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address (☐ Affiliation or ☐ Home)

City State Zip

Phone Fax

E-mail

REGISTRATION FEES

(pre-payment is required to be officially registered)

REGISTRATION FEES

- ☐ Physicians and industry employees – \$125
- ☐ Nurse practitioners, nurses, physician assistants and other healthcare professionals – \$125
- ☐ Residents, fellows and students – \$125

PAYMENT METHOD

- If you are paying by check or credit card, please register online at
<https://upenn.cloud-cme.com/PAASMBS2026>
- If you are paying by check, you may mail your completed registration form and check made payable to **The Trustees of the University of Pennsylvania/CME** to:
Conference Manager
Office of Continuing Medical & Interprofessional Education
Academic Programs, Penn Medicine, JMEC, SPE, 6th floor
3400 Civic Center Blvd, Bldg. 421, Philadelphia, PA 19104-5162
- Do not include any credit card information on the registration form or share via email.